



**POCINO**

# 002781 - Meatballs Cooked 2 Oz

Beef Meatballs are true "homemade" style Italian flavored products, made with natural ingredients, including spices, whole egg, and bread crumbs. No other fillers are added.



## Nutrition Facts

Servings per Container **53**  
Serving size **Meatballs (2Each)**

Amount per serving  
**Calories 190**

	% Daily Value*
<b>Total Fat</b> 14g	<b>21%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 420mg	<b>18%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 13g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Beef, Water, Textured Soy Protein (Soy Flour, Caramel Color), Bread Crumbs [Bleached Wheat Flour, Sugar, Salt, Yeast, Soybean Oil], Soy Protein Concentrate, Salt, Spices, Garlic Powder, Onion Powder, Sodium Phosphate, Natural Flavor.

### ⚠ Allergens

### Handling Suggestions

KEEP FROZEN

### Serving Suggestions

1 1/2 Meatballs (85g)

### Prep & Cooking Suggestions

Pre Heat Meatballs ; Spaghetti & Meatballs ; Meatball Sandwich ; Meatball Appetizers with Marinara Dip

### 📄 Product Specifications

Brand	Manufacturer
POCINO	Pocino Foods Co.

MFG #	SPC #	GTIN	Pack	Pack Desc.
20400	002781	00071014204005	2	2 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
10.62lb	10lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.38in	9.75in	5.75in	0.43ft3	14x10	365DAYS	0°F / 0°F



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### Nutrition Analysis - By Serving

Calories	190	Total Fat	14g	Sodium	420mg
Protein	13	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	5g	Saturated Fat	6g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

