

**SEA LEGS****002990 - Crab Meat Imitation**

LOW FAT, LOW CHOLESTEROL, GOOD SOURCE OF PROTEIN, AND PHOSPHOROUS.



# Nutrition Facts

Servings per Container **26**  
 Serving size **0.50CUP (85g)**

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 620mg	<b>27%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugar	<b>4%</b>
<b>Protein</b> 7g	
Vitamin D 0.5mcg	<b>3%</b>
Calcium 10mg	<b>1%</b>
Iron 0.2mg	<b>1%</b>
Potassium 30mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**\* Benefits**

NO

**Ingredients**

ALASKA POLLOCK, WATER, EGG WHITES, MODIFIED FOOD STARCH, SUGAR, WHEAT STARCH, SORBITOL, CONTAINS 2% OR LESS OF: SNOW CRABMEAT, NATURAL AND ARTIFICIAL CRAB FLAVORS (SNOW CRAB, BLUE CRAB, JONAH CRAB AND/OR RED CRAB, CORN SYRUP, YEAST EXTRACT, HYDROLYZED CORN GLUTEN, MALTODEXTRIN), MIRIN WINE (SAKE, SUGAR, SALT, WATER, YEAST EXTRACT), POTATO STARCH, SALT, SOYBEAN OIL, SOY PROTEIN ISOLATE, SODIUM TRIPOLYPHOSPHATE, TETRASODIUM PYROPHOSPHATE, CARMINE, PAPRIKA OLEORESIN. CONTAINS FISH (ALASKA POLLOCK), WHEAT\*, EGG, SOY, CRUSTACEAN SHELLFISH (SNOW CRAB, BLUE CRAB, JONAH CRAB AND/OR RED CRAB). \*THE WHEAT HAS BEEN PROCESSED TO ALLOW THIS FOOD TO MEET THE FOOD AND DRUG ADMINISTRATION (FDA) REQUIREMENTS FOR GLUTEN-FREE FOODS.

**Allergens****Contains:**

- crustaceans
- shellfish
- eggs
- fish
- soy
- wheat

**Free From:**

- mollusks
- milk
- peanuts
- sesame
- tree nuts

**Handling Suggestions**

KEEP FROZEN 0F OR BELOW UNTIL READY TO USE.

**Serving Suggestions**

USE IN COLD AND HOT APPLICATIONS. SALADS, PIZZA TOPPING, PITA SANDWICH, APPETIZERS, INGREDIENT FOR SPECIALTY DIPS AND SPREADS.

**Prep & Cooking Suggestions**

THAW AND SERVE. READY TO EAT.

**Product Specifications**

Brand	Manufacturer	Product Category
SEA LEGS	Trident Seafoods Corp.	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
415124	002990	10079468151248	4	4 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
11.2lb	10lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.31in	7.75in	5.44in	0.3ft3	18x8	730DAYS	-10°F / 0°F



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### Nutrition Analysis - By Serving

Calories	80	Total Fat	0.5g	Sodium	620mg
Protein	7	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	11g	Saturated Fat	0g	Iron	0.2mg
Sugars	2g	Added Sugars	2g	Potassium	30mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)		Vitamin D	0.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

