



FARMLAND

003117 - Ham Smoked Bone In Water Added

All Smithfield brands are driven by the love of meat ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head-turning menu ideas. Equally important - Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



Nutrition Facts

Servings per Container 74
Serving size 3oz (84g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 980mg	43%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 14g	
Vitamin D 11.41mcg	57%
Calcium 8.28mg	1%
Iron 0.35mg	2%
Potassium 370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

Ingredients

Cured with: Water, Dextrose, Salt, Contains 2% or Less of Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Nitrite.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated until use.

Serving Suggestions

For breakfast, lunch, or dinner, savory ham steaks are a quick and hearty meal.

Prep & Cooking Suggestions

Thaw ham steak in refrigerator for 12 to 24 hours. Flat Top Grill: Heat grill to 325F. Grill ham steak 1 1/2 to 2 minutes per side until heated through (140F.).

📄 Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	SMITHFIELD FOODS INC.	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
90070247181414	003117	90070247181414	12	12 / 1.317 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17.16lb	15.8lb	Yes	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19in	12.25in	4.88in	0.66ft3	7x15	90DAYS	28°F / 32°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	6g	Sodium	980mg
Protein	14	Trans Fats	0g	Calcium	8.28mg
Total Carbohydrates...	2g	Saturated Fat	2g	Iron	0.35mg
Sugars	2g	Added Sugars	2g	Potassium	370mg
Dietary Fiber	0g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	2.5g	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)	3.04	Vitamin D	11.41mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

