



ROLAND

003209 - Mushrooms P&S

Roland Mushrooms Pieces and Stems can be served directly from the tin and offer the convenience of no further preparation.



Nutrition Facts

Servings per Container **84**
Serving size **0.75cup (130g)**

Amount per serving
Calories 40

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 550mg	24%
Total Carbohydrate 7g	3%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 14mg	1%
Iron 1mg	6%
Potassium 168mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients	Allergens
Mushrooms, Water, Salt, Citric Acid, and/or Ascorbic Acid.	Free From: crustaceans eggs fish milk peanuts sesame soy tree nuts wheat

Handling Suggestions
Shelf stable at room temperature. Refrigerate after opening.
Serving Suggestions
Roland Mushrooms Pieces and Stems are an ideal addition to salads, soups, and in sauces for pasta dishes both, hot or cold. Pieces and stems do well in a salad bar and are regularly used in pizza kitchens.
Prep & Cooking Suggestions
Roland mushrooms may be used straight from the tin at room temperature or reheated for use in a wide variety of hot dishes.

Product Specifications						
Brand	Manufacturer		Product Category			
ROLAND	American Roland Food Corp.		Fruits & Vegetables, Frozen or Canned			
MFG #	SPC #	GTIN	Pack	Pack Desc.		
44300	003209	10041224443003	24	24 / / cs		
Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition	
41lb	24lb	No	TWN	Yes	No	
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.25in	12.5in	8.5in	1ft3	8x6	1080DAYS	40°F / 75°F



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Nutrition Analysis - By Serving

Calories	40	Total Fat	0g	Sodium	550mg
Protein	2	Trans Fats	0g	Calcium	14mg
Total Carbohydrates...	7g	Saturated Fat	0g	Iron	1mg
Sugars	3g	Added Sugars	0g	Potassium	168mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

