



DOLE

# 003362 - Pineapple Tidbits Lt Syrup Pouch

DOLE Pouch Packs deliver 100% ready-to-use fruit in a convenient, tear-open pouch.; Our pouches are shelf-stable, stackable and individually marked with "best by dates" to optimize storage space and reduce product waste.



## Nutrition Facts

Servings per Container 19  
Serving size 1/2cup (123g)

Amount per serving  
**Calories 90**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 20g	
Includes 6g Added Sugar	<b>12%</b>
<b>Protein</b> 1g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 120mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

High Quality Fruit  
Shelf Stable  
Stackable  
Rich in Vitamin C

### Ingredients

PINEAPPLE, WATER, SUGAR, CITRIC ACID, AND ASCORBIC ACID (VITAMIN C) TO PROMOTE COLOR RETENTION.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store in a cool, dry place.

### Serving Suggestions

Pineapple tidbits are ideal for topping pizzas, sandwiches and desserts. Reserve the syrup for use in mixed drinks, sauces and glazes.

### Prep & Cooking Suggestions

Ready to Eat

### 📄 Product Specifications

Brand	Manufacturer	Product Category
DOLE	Dole Packaged Foods Company	Fruit, Other, Canned or Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
00567	003362	10038900005679	6	6 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
35.48lb	30.38lb	No	PHL	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.13in	13.25in	7.36in	1.08ft3	7x5	365DAYS	38°F / 80°F



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## Nutrition Analysis - By Serving

Calories	90	Total Fat	0g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	21g	Saturated Fat	0g	Iron	0mg
Sugars	20g	Added Sugars	6g	Potassium	120mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU).		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	35mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2.	
Monosodium		Sulphites		Nitrates	

## Additional Images



Nutrition Facts	
Datos de Nutrición	
About 19 servings per container	
Aprox. 19 porciones por envase	
Serving size	1/2 cup (123g)
Tamaño de porción	1/2 taza (123g)
<b>Calories / Calorías 90</b>	
% Daily Value* / % Valor Diario	
Total Fat / Grasa Total	0g 0%
Saturated Fat / Grasa Saturada	0g 0%
Trans Fat / Grasa Trans	0g 0%
Cholesterol / Colesterol	0mg 0%
Sodium / Sodio	0mg 0%
Total Carbohydrate / Carb. Total	21g 8%
Dietary Fiber / Fibra Dietética	1g 4%
Total Sugars / Azúcares	20g 40%
Incl. Added Sugars / Incl. azúcares añadidos	6g 12%
<b>Protein / Proteína 1g</b>	
Vitamin D / Vitamina D	0mcg 0%
Calcium / Calcio	0mg 0%
Iron / Hierro	0mg 0%
Potassium / Potasio	120mg 2%
Vitamin C / Vitamina C	35mg 40%

