



DOLE

# F5F140 - Pineapple Chunks In Juice 00468 #10

Known for generations as the product that made Dole famous, count on high quality DOLE Pineapple to be consistently swee, juicy and ready-to-eat.



## Nutrition Facts

Servings per Container 25  
Serving size 1/2cup (122g)

Amount per serving  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 1g	4%
Total Sugars 15g	
Includes 0g Added Sugar	0%
<b>Protein</b> 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.4mg	2%
Potassium 150mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

High Quality, Consistent Taste  
Trusted Brand Name  
Kosher, BPA-Free  
Declared Drain Weight: 65.75 oz.

### Ingredients

PINEAPPLE, PINEAPPLE JUICE, AND CLARIFIED PINEAPPLE JUICE FROM CONCENTRATE (WATER, CLARIFIED PINEAPPLE JUICE CONCENTRATE).

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store in ambient temperatures.

### Serving Suggestions

Pineapple chunks make a great addition to salads and stir-fry. Reserve the juice for use in mixed drinks, sauces and glazes.

### Prep & Cooking Suggestions

Ready to Eat

### Product Specifications

Brand	Manufacturer	Product Category
DOLE	DOLE PACKAGED FOODS, LLC	Fruit, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
00468	F5F140	10038900004689	6	6 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
46lb	39.75lb	No	THA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.5in	12.5in	7in	0.94ft3	8x6	1098DAYS	59°F / 80°F



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## Nutrition Analysis - By Serving

Calories	70	Total Fat	0g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	16g	Saturated Fat	0g	Iron	0.4mg
Sugars	15g	Added Sugars	0g	Potassium	150mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	19mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

