



FURMANO

003665 - Beans Black

Black Beans in Brine, supplied by Furmano Foods, shall conform to U.S. Grade A standards using the USDA standards for canned dried beans, effective September 1, 1976.



Nutrition Facts

Servings per Container
Serving size 1/2cup (130g)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 18g	7%
Dietary Fiber 5g	18%
Total Sugars 1g	
Includes Added Sugar	%
Protein 6g	
Vitamin D	%
Calcium 40mg	3%
Iron 1mg	6%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Cool, dry storage at 65F - Shelf Life
42 Months at 40 - 85 F

Serving Suggestions

Base for Soups, Chiles, or
Casseroles

Prep & Cooking Suggestions

Ingredient

📄 Product Specifications

Brand	Manufacturer	Product Category
FURMANO	Furmanos	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
043458	003665	00041188043458	1	1 / 1 / ea

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
18.67oz	15.5oz	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
3in	3in	4.44in	39.9INQ	17x5	1260DAYS	40°F / 85°F



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Nutrition Analysis

Calories	100kcal	Total Fat	0g	Sodium	140mg
Protein	6g	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	18g	Saturated Fat	0g	Iron	1mg
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

