



LAMB WESTON

003692 - Potato Fries Tavern 1/2"X1/4" Platt

Select prime Pacific Northwest potatoes are cut to 1/4" x 1/2" and coated with our exclusive microbrew-flavored coating for extra crisp and crunchy fries, so they maintain their flavor and stay hot and crisp longer than conventional fries.



Nutrition Facts

Servings per Container 160
Serving size 3oz(84g/about13pcs)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0µg	0%
Calcium 15mg	1%
Iron 0.6mg	3%
Potassium 250mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Modified Corn Starch, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Salt, Corn Starch, Natural & Artificial Beer Flavor, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Sugar, Dextrose, Guar Gum. CONTAINS: WHEAT

Allergens

Contains:



Free From:



Handling Suggestions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F (-18°C) or colder. Pallet height and quantity are variable, dependent on shipping method.

Serving Suggestions

Use as your main fry or as a second fry attraction. Jazz up appetizer menu, daily specials, and combo meals.

Prep & Cooking Suggestions

DEEP FRY: 1.5LB @ 345-350°F (174°-177°C) for 3 1/4 - 3 3/4 minutes. Deep fry from frozen state. Fill basket 1/2 full.

Product Specifications

Brand	Manufacturer	Product Category
LAMB WESTON	Lamb Weston Sales, Inc.	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
45R	003692	10044979045188	6	6 x 5 LB / CS

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
32lb	30LB	No	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.88in	13in	10.25in	1.23FT3	9x8	720DAYS	0°F / 0°F



LAMB WESTON

003692 - Potato Fries Tavern 1/2"X1/4" Platt

Select prime Pacific Northwest potatoes are cut to 1/4" x 1/2" and coated with our exclusive microbrew-flavored coating for extra crisp and crunchy fries, so they maintain their flavor and stay hot and crisp longer than conventional fries.



Nutrition Analysis - By Serving

Calories	140kcal	Total Fat	6g	Sodium	250mg
Protein	2g	Trans Fats	0g	Calcium	15mg
Total Carbohydrates...	20g	Saturated Fat	1.5g	Iron	0.6mg
Sugars	1g	Added Sugars	0g	Potassium	250mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

