



**B&M**

# 003765 - Beans Baked 33049

New England's finest. B&M baked beans are sweetened with molasses and sugar, are an excellent source of fiber and 99% Fat Free. With B&M baked beans, you'll enjoy every spoonful!



## Nutrition Facts

Servings per Container 25  
Serving size 1/2cup (131g)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 9g	
Includes Added Sugar	<b>%</b>

<b>Protein</b> 7g	
Vitamin D	<b>%</b>
Calcium	<b>6%</b>
Iron	<b>15%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

99% Fat Free  
Excellent source of fiber.  
With molasses, pork & spices.

### Ingredients

Baked Small Pea Beans with Pork in Sauce containing Water, Sugar, Molasses, Salt, Dehydrated Onion and Garlic, Dextrose, Spices, Natural Flavors, Mustard Flour.

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store at ambient temperature.  
Refrigerate after opening.

### Serving Suggestions

Baked beans that have been prepared by cleaning and baking pea (navy) beans in a sugar/molasses sauce with salt pork added for flavor, then canning and rendering commercially sterile by heat.

### Prep & Cooking Suggestions

Ready to eat

### Product Specifications

Brand	Manufacturer	Product Category
B&M	Trappey's Fine Foods, Inc.	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
33049	003765	20047800330498	6	6 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
50lb	43.5lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.94in	12.63in	7.38in	1765.39INQ	8x6	730DAYS	40°F / 85°F



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## Nutrition Analysis - By Serving

Calories	160	Total Fat	1g	Sodium	390mg
Protein	7	Trans Fats	0g	Calcium	
Total Carbohydrates...	30g	Saturated Fat	0.5g	Iron	
Sugars	9g	Added Sugars		Potassium	0mg
Dietary Fiber	8g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

