



CAMPBELL'S

# 004449 - Soup Creole Style Chicken Gumbo 184

A bowl of our Creole Chicken Gumbo, served with fresh-baked bread, is hearty enough to serve on its own, or you can premium-ize it with whatever's fresh in your kitchen. This frozen soup has a storage life of 638 days in your freezer and yields approximately 384 fluid ounces of hearty soup. At Campbell's Foodservice, we make carefully crafted soups, so you can be proud to use and serve them all year long. Made with carefully selected ingredients with options rich in protein, fiber, or vitamins, our soups are full of what guests love, not what they don't.



## Nutrition Facts

<b>Servings per Container</b>	<b>14</b>
<b>Serving size</b> Amountperserving (0.5Cup(US))	
<b>Amount per serving</b>	
<b>Calories</b>	<b>60</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 800mg	<b>35%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 3g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 0.6mg	<b>3%</b>
Potassium 170mg	<b>4%</b>

### \* Benefits

**CAREFULLY CRAFTED:** This is a Louisiana-style gumbo made with tomatoes, okra, onions, celery, chicken, green peppers, and rice in a thick, spicy chicken broth.

**SIMPLE PREP:** A good partner puts in the prep work for you. It's a 1:1 ratio, so you just need to add liquid, heat and serve.

**VERSATILE OPTION:** This soup is excellent as is, but it also makes a great speed-scratch ingredient in a variety of dishes and applications.

**MENU INSPIRATION:** Think beyond appetizers. Try it as a main dish with a premium garnish, as a side to a meal or with the classic sandwich or salad.

**ONLY THE GOOD STUFF:** This has no added preservatives or MSG, is free from artificial flavors and HFCS, has no partially hydrogenated oils and has no colors from artificial sources, making it a wholesome option you can feel good about serving.

### Ingredients

INGREDIENTS: CHICKEN STOCK, DICED TOMATOES IN TOMATO JUICE, TOMATO PUREE (WATER, TOMATO PASTE), ONIONS, OKRA, CELERY, CHICKEN MEAT, GREEN PEPPERS, RICE, CONTAINS LESS THAN 2% OF: MODIFIED FOOD STARCH, SALT, SPICES (INCLUDES MUSTARD), DEHYDRATED GARLIC, YEAST EXTRACT, CELERY SALT (SALT, CELERY SEED), SOY PROTEIN CONCENTRATE, FLAVORING, SUGAR, SODIUM PHOSPHATE, CITRIC ACID, PAPRIKA, CHICKEN FAT, DEHYDRATED CHICKEN.

### ⚠ Allergens

#### Contains:



### Handling Suggestions

Min Product Lifespan from Production: 638 Days. Minimum Temperature: 0 Fahrenheit. Maximum Temperature: 0 Fahrenheit.

### Serving Suggestions

Enjoy as is or amp it up with serving into a sourdough bread bowl.

### Prep & Cooking Suggestions

This Product Has Not Been Fully Cooked Before Freezing. Carefully Follow The Recommended Cooking Times And Temperatures To Ensure Complete Cooking. Cooking Directions: This Product May Be Tempered Up To 48 Hours In A 40 Degrees F. Refrigerator Prior To Cooking. Peel Back Plastic Film Starting From One Edge. Keep Film To View Cooking Directions. 1. If Soup Is Frozen, Run Knife Around Soup Blocks In Trays To Loosen. Empty The 2 Trays Of Soup Into Large Saucepot. 2. Fill Both Of The Trays With Water (64 Fl. Oz. In Total). Add To Saucepot. 3. Heat To A Boil Over Medium-High Heat, Stirring Frequently. Reduce Heat To Low. Boil Gently, Stirring Frequently To Break Up Any Frozen Pieces, Until Temperature Reaches 190 Degrees F. 4. Transfer To Holding Kettle Or Steam Table.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
CAMPBELL'S	CAMPBELL SOUP COMPANY	Soups

MFG #	SPC #	GTIN	Pack	Pack Desc.
200000018484	004449	10051000184846	3	3 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
12.91lb	12lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.83in	11in	3.63in	0.41ft3	9x18	638DAYS	0°F / 0°F



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## Nutrition Analysis - By Serving

Calories	60	Total Fat	0.5g	Sodium	800mg
Protein	3	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	11g	Saturated Fat	0g	Iron	0.6mg
Sugars	3g	Added Sugars	0g	Potassium	170mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

