



**ROLAND**

# F5P040 - Olives Medley French 71498 Spec

Roland French Olive Medley in bags are easy to use, attractive and packed with herbs.



## Nutrition Facts

Servings per Container **300**  
Serving size **3pcs (15g)**

Amount per serving  
**Calories 30**

	% Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	<b>0%</b>
Calcium	<b>0%</b>
<b>Iron</b> 0.6mg	<b>3%</b>
<b>Potassium</b> 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Olives, Water, Salt, Sunflower Oil, Citric Acid, Spices.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Product is shelf stable. Refrigerate after opening.

### Serving Suggestions

Use in antipastos, puttanesca sauce, or add to pasta, Roland French Olive Medley are also ideal for garnishes and fit well with several types of paella.

### Prep & Cooking Suggestions

The product is one of the cornerstones of southern French Provençal cooking. The olives may be pitted, cut, and added to seafood, veal and chicken dishes. One of the foundation ingredients to Nicoise salads and other cold salads. Perfect as part of any olive mix.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
ROLAND	American Roland Food Corp.	Olives

MFG #	SPC #	GTIN	Pack	Pack Desc.
71498	F5P040	10041224714981	5	5 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17lb	10lb	No	FRA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.75in	10.25in	6in	0.42ft3	12x8	540DAYS	45°F / 65°F



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## Nutrition Analysis - By Serving

Calories	30	Total Fat	2.5g	Sodium	180mg
Protein	0	Trans Fats	0g	Calcium	
Total Carbohydrates...	1g	Saturated Fat	0g	Iron	0.6mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

