

### ROLAND F5P040 - Olives Medley French 71498 Spec

Roland French Olive Medley in bags are easy to use, attractive and packed with herbs.



	VPar and	<b>Nutrition Facts</b>			
	Servings per Container 300 Serving size 3pcs (15g)				
Rolan FRENCH OLL MEDI		Amount per serving Calories	30		
DR WIZLE (	% Daily Value*				
		Total Fat 2.5g	3%		
	and the second sec	Saturated Fat 0g	0%		
	Trans Fat 0g				
		Cholesterol 0mg	0%		
<b>★</b> Benefits		Sodium 180mg	8%		
•		Total Carbohydrate 1g	0%		
		Dietary Fiber 1g	4%		
		Total Sugars 0g			
		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein Og			
		Vitamin D 0mcg	0%		
Olives, Water, Salt, Sunflower	Free From:	Calcium	0%		
Oil, Citric Acid, Spices.	Image: Second state of the second s	Iron 0.6mg	3%		
		Potassium 0mg	0%		
	() wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

#### Handling Suggestions

Product is shelf stable. Refrigerate after opening.

#### Serving Suggestions

Use in antipastos, puttanesca sauce, or add to pasta, Roland French Olive Medley are also ideal for garnishes and fit well with several types of paella.

# Prep & Cooking Suggestions

The product is one of the cornerstones of southern French Provencal cooking. The olives may be pitted, cut, and added to seafood, veal and chicken dishes. One of the foundation ingredients to Nicoise salads and other cold salads. Perfect as part of any olive mix.

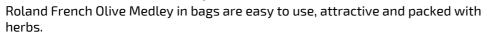
# Product Specifications

Brand		Manufacturer				Product Category		
ROLAND		American Roland Food Corp.				Olives		
MFG #	S	PC #	GTIN		P	ack	Pack Desc.	
71498	F5	5P040	10041	224714	4714981 5		5	5//cs
Gross Weight	Net \	Weight	Catch Weigh	nt Cou	ntry of Origin Ko		Kosher	Child Nutrition
17lb	1	0lb	No		FRA		Yes	No
Shipping Information								
Length Wi	dth	Height	Volume	TIxHI	Shelf	Life	e Storage Temp From/To	
11.75in 10.	25in	6in	0.42ft3	12x8	540D	AYS	5 45°F / 65°F	





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Nutrition Analysis - By Serving

Calories	30	Total Fat	2.5g	Sodium	180mg
Protein	0	Trans Fats	Og	Calcium	
Total Carbohydrates…	1g	Saturated Fat	Og	Iron	0.6mg
Sugars	Og	Added Sugars	Og	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

**O** Additional Images





