



GENERAL MILLS

005034 - Flour Harvest King Unbleached 50 Lb

Perfect tolerance for artisan baking and recommended for all types of yeast raised products. 12.0% protein level. Milled from select varieties to ensure maximum consistency and baking performance.



* Benefits

Nutrition Facts

Serving size	30 Gram	
Amount per serving		
Calories	100	
	% Daily Value*	
Total Fat 0g	0%	
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol 0mg	0%	
Sodium 0mg	0%	
Total Carbohydrate 22g	8%	
Dietary Fiber 1g	3%	
Total Sugars	0g	
Includes	Added Sugars	%
Protein 4g		
Vitamin D	%	
Calcium 0mg	0%	
Iron 0mg	0%	
Potassium 30mg	0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.

⚠ Allergens

Contains:



wheat

Handling Suggestions

Store in cool dry location

Serving Suggestions

It has the strength and tolerance necessary for the slow fermentation that defines artisan baking, providing the desired crumb structure and crust texture.

Prep & Cooking Suggestions

Refer to your desired recipe or formula for preparation instructions.

📄 Product Specifications

Brand	Manufacturer	Product Category
GENERAL MILLS	General Mills Inc.	Flour & Cornmeal

MFG #	SPC #	GTIN	Pack	Pack Desc.
16000-53722	005034	10016000537221	1	1 x 50 LB / BG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
51 lb	50 LB	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
24.3 in	17.5 in	4.6 in	1.13 FT3	5x10	372 DAYS	32°F / 95°F



GENERAL MILLS

005034 - Flour Harvest King Unbleached 50 Lb

Perfect tolerance for artisan baking and recommended for all types of yeast raised products. 12.0% protein level. Milled from select varieties to ensure maximum consistency and baking performance.



Nutrition Analysis

Calories	100 kcal	Total Fat	0 g	Sodium	0 mg
Protein	4	Trans Fats	0 g	Calcium	0 mg
Total Carbohydrates...	22 g	Saturated Fat	0 g	Iron	0 mg
Sugars	0 g	Added Sugars		Potassium	30 mg
Dietary Fiber	1 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)	0 µg	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

