



GENERAL MILLS

005040 - Flour Superlative Bleached

Gold Medal(TM) Superlative(TM) Flour is an excellent "all-around" spring wheat flour. Available in a 25 lb package, with a 12.6% protein level.



Nutrition Facts

Servings per Container 378
Serving size 1/4cup (30g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	3%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0µg	0%
Calcium 0mg	0%
Iron 1.3mg	7%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A high quality, spring wheat flour milled from a selected blend of hard wheat. Provided in an enriched bleached option. This versatile flour is great for any type of yeast-raised products. Contains a 12.6% protein level. Available in a 25 lb package, which is cost effective for smaller operations.

Ingredients

INGREDIENTS: BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, ASCORBIC ACID, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. ASCORBIC ACID ADDED AS A DOUGH CONDITIONER.

⚠ Allergens

Contains:



wheat

Handling Suggestions

Store in a cool, clean and dry location away from materials with strong odors. Temperature should be less than 80 degrees. RAW FLOUR IS NOT READY-TO-EAT AND MUST BE THOROUGHLY COOKED BEFORE EATING. TO PREVENT ILLNESS FROM NATURALLY OCCURRING BACTERIA IN WHEAT FLOUR, DO NOT EAT OR PLAY WITH RAW DOUGH OR BATTER WASH HANDS AND SURFACES AFTER HANDLING.

Serving Suggestions

Great for pan breads, rolls, buns, hearth breads and many specialty-baked products.

Prep & Cooking Suggestions

Use as an ingredient in your desired recipe or formula.

Raw flour is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat or play with raw dough or batter; wash hands and surfaces after handling.

📄 Product Specifications

Brand	Manufacturer	Product Category
GENERAL MILLS	GENERAL MILLS SALES INC.	Flour & Cornmeal

MFG #	SPC #	GTIN	Pack	Pack Desc.
16000-53525	005040	10016000535258	1	1 / 25.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
26lb	25lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.87in	13.25in	3.5in	0.53ft3	7x14	372DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	110kcal	Total Fat	0g	Sodium	0mg
Protein	4g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	1.3mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0µg	Thiamin	0.2mg
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate	90µg	Riboflavin	0.1mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

