



CASCADIAN FARM

005189 - Cereal Granola Oats & Honey Organic

A delicious blend of honey-coated whole grain oats and crisp rice cereal in cost-effective, 44 oz bulk packaging for less waste and great labor savings. Pair with Yoplait(R) yogurt for the perfect parfait. For crediting in USDA Child Nutrition Programs: 2 ounce equivalent grain and whole grain-rich criteria.



Nutrition Facts

Servings per Container 80
Serving size 2/3cup(62g)

Amount per serving
Calories 270

% Daily Value*	
Total Fat 7g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 46g	16%
Dietary Fiber 3g	10%
Total Sugars 14g	
Includes 14g Added Sugars	28%
Protein 6g	
Vitamin D 0µg	0%
Calcium 0mg	0%
Iron 1.6mg	8%
Potassium 150mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Ingredients: Whole Grain Oats*, Cane Sugar*, Rice*, Sunflower Oil*, Honey*, Molasses*, Sea Salt, Natural Flavor*. Vitamin E (mixed tocopherols) Added to Preserve Freshness.*Organic

⚠ Allergens

May Contain:



Handling Suggestions

Keep in a dry cool place

Serving Suggestions

One Cup

Prep & Cooking Suggestions

Ready to Eat

📄 Product Specifications

Brand	Manufacturer	Product Category
CASCADIAN FARM	General Mills Inc.	Cold Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
21908-12772	005189	10021908127726	4	4 x 44 OZ / CS

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
13lb	11LB	No	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19.5in	9.1in	8.4in	0.86FT3	10x6	312DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	270kcal	Total Fat	7g	Sodium	55mg
Protein	6g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	46g	Saturated Fat	1g	Iron	1.6mg
Sugars	14g	Added Sugars	14g	Potassium	150mg
Dietary Fiber	3g	Polyunsaturated Fat	2g	Zinc	1.1
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

