



**AGRIBOSCO**  
**006180 - Farro Italian Pearled 053925**  
 trans fat free



\* Benefits

# Nutrition Facts

Servings per Container **176**  
 Serving size **onefifthcup (45g)**

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0.5g	<b>2%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 32g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes Added Sugars	<b>%</b>
<b>Protein</b> 6g	
Vitamin D	<b>%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Emmer (Italian Farro Triticum Dicoccum Pearled)

## Allergens

**Contains:**

wheat

**Free From:**

crustaceans eggs fish dairy  
 peanuts sesame soy tree nuts

## Handling Suggestions

2/11lb; dry storage

## Product Specifications

Brand	Manufacturer	Product Category
AGRIBOSCO	Atalanta Corporation	Grains

## Serving Suggestions

a supergrain alternative to rice!

MFG #	SPC #	GTIN	Pack	Pack Desc.
053925	006180	10068478800857	2	2 x 11 LB / CS

## Prep & Cooking Suggestions

boil

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.36lb	22LB	ITA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11in	7.5in	14.8in	0.71FT3	20x4	720DAYS	40°f / 80°f



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### Nutrition Analysis - By Serving

Calories	150kcal	Total Fat	1g	Sodium	10mg
Protein	6g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	32g	Saturated Fat	0.5g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0NIU	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

