



ANCHOR

007003 - Appetizer Green Bean Battered



Nutrition Facts

Servings per Container
Serving size 16pcs(85g) (85gr)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 640mg	28%
Total Carbohydrate 26g	9%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes Added Sugar	%
Protein 6g	
Vitamin D	%
Calcium	4%
Iron	4%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Anchor Brand Crispy Battered Green Beans are tender Grade A whole petite green beans in a light, crispy seasoned batter. Great as an appetizer, premium side, for snacking, or more! Deep fry frozen product at 350F for 1-3/4 minutes or bake at 450F for 5 minutes on each side or bake in convection oven at 375F for 7 minutes on each side. Store at 0F/-18C or below.

Ingredients

Green Beans, Water, Wheat Flour, Vegetable Oil (Soybean And/Or Canola), Bleached Wheat Flour, Dried Onion, Sugar, Rice Flour. Contains 2% or less of Corn Starch, Dried Mushrooms, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Parmesan Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Salt, Spice, Yeast Extract.

Allergens

Contains:

milk wheat

Free From:

crustaceans eggs fish peanuts
 sesame soy tree nuts

Handling Suggestions

Best if used before 365 days from date of manufacture, when stored at 0F/-18C or below.

Serving Suggestions

16 pieces

Prep & Cooking Suggestions

FRY FROZEN PRODUCT AT 350F FOR 1-3/4 MINUTES.

Product Specifications

Brand	Manufacturer	Product Category
ANCHOR	McCain Foods, Inc.	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
50010917	007003	10072714109178		4 x 2 LB/ CS

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
9.06lbs	8LB	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.25in	12in	5.8in	0.53FT3	12x16	365days	-10°F / 0°F



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Nutrition Analysis

Calories	190	Total Fat	8g	Sodium	640mg
Protein	6	Trans Fats	0g	Calcium	
Total Carbohydrates...	26g	Saturated Fat	1.5g	Iron	
Sugars	4g	Added Sugars		Potassium	
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

