



MARZETTI

# 007067 - Pasta Cavatappi Frozen

Made with enriched semolina flour, cavatappi, which means "corkscrew" in Italian, are hollow, spiral pieces of short pasta.

Starting with the original frozen egg noodle, Marzetti Frozen Pasta now offers a wide variety of precooked pastas that save time and labor in foodservice kitchens.



## Nutrition Facts

Servings per Container **58**  
Serving size **13/4cup (140g)**

Amount per serving  
**Calories 220**

	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 2.1mg	<b>12%</b>
Potassium 110mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

- Quick prep time (30-60 seconds)
- Saves on time and labor cost
- Easy menu extensions
- Consistently al dente results
- Prep only what is needed
- Little or no wasted product

### Ingredients

WATER, ENRICHED DURUM SEMOLINA (DURUM SEMOLINA WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID).

### ⚠ Allergens

#### Contains:



wheat

#### Free From:



crustaceans



eggs



fish



milk



peanuts



sesame



soy



tree nuts

### Handling Suggestions

Keep Frozen

### Serving Suggestions

Use alongside any pasta sauce or inside a hearty casserole.

### Prep & Cooking Suggestions

For best results, add frozen pasta to boiling water, stirring with fork to separate, for 30 to 60 seconds. Or run under hot tap water until thawed. Drain. If using in cold salad follow with cold water rinse.

### Product Specifications

Brand	Manufacturer	Product Category
MARZETTI	T. Marzetti Company	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
4130826008	007067	10041308260083	6	6 / 6 / 6 cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
19.02lb	18lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.31in	12.06in	10.5in	1939.28INQ	10x7	450DAYS	-20°F / 32°F



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## Nutrition Analysis - By Serving

Calories	220	Total Fat	1g	Sodium	15mg
Protein	7	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	42g	Saturated Fat	0g	Iron	2.1mg
Sugars	1g	Added Sugars	0g	Potassium	110mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

