



FRED'S

F5E131 - Appetizer Onion Petal Spicy Cheddar



Nutrition Facts

Servings per Container 53
Serving size 12 onion petals (85g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 340mg	15%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 40mg	3%
Iron 0.7mg	4%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Sweet Spanish Onions, Water, Bleached Wheat Flour, Modified Food Starch, Yellow Corn Flour, Contains less than 2% of: Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Whey (Milk), Garlic Powder, Dried Whole Eggs, Soy Flour, Buttermilk Solids, Natural Flavors, Yeast Extract, Dextrose, Citric Acid, Lactic Acid, Spices, Extractives of Paprika (Color), Salt. Prefried in Vegetable Oil (Soybean and/or Canola Oil).
CONTAINS: WHEAT, MILK, SOY, EGG.

Allergens

Contains:



Free From:



Handling Suggestions

Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

Brand	Manufacturer	Product Category
FRED'S	Ajinomoto Foods NA	Appetizers Onion Rings

MFG #	SPC #	GTIN	Pack	Pack Desc.
0293420	F5E131	10050665029349	4	4 / 2.5 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
11.5lb	10lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.13in	11.88in	7in	0.63FT3	12x6	365DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	180	Total Fat	10g	Sodium	340mg
Protein	2	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	19g	Saturated Fat	2g	Iron	0.7mg
Sugars	3g	Added Sugars	0g	Potassium	110mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

