



FRED'S

# 007270 - Appetizer Mac And Cheese Bites

Fred's Battered Mac & Cheese Bites provide a poppable twist on an American Classic. These craveable bites are made with a savory coating and filled with a creamy blend of American cheese and other cheeses. They have a homemade, back of house appearance and are packed in convenient two pound bags for less waste and easier storage. Great as an appetizer or side or on the kids menu. Fred's is the leader in innovation for the Mac & Cheese Bites and was first to market in Foodservice. Excellent hold time for take-out and delivery. Lacto-Ovo Vegetarian for those with special dietary needs.



### \* Benefits

Bite-size mac & cheese - great for appetizers. Easy to share.

## Nutrition Facts

Servings per Container 276  
Serving size 1mac&cheesebite (20g)

Amount per serving  
**Calories 50**

	% Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Cooked Macaroni (Water, Durum Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Pasteurized Process American Cheese (American Cheese [Cultured Milk, Salt, Enzymes], Water, Cream, Sodium Phosphate, Salt, Apo-Carotenol And Beta Carotene [Color]), Bleached Wheat Flour, Yellow Corn Flour, Contains Less Than 2% Of: Cheddar & Blue Cheese Blend (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Romano Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Soy Flour, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Skim Milk, Buttermilk, Whey (Milk), Butter (Cream, Salt), Paprika, Natural Flavors, Dextrose, Maltodextrin, Lactic Acid, Citric Acid, Yeast Extract, Margarine (Soybean Oil, Water, Salt, Hydrogenated Soybean Oil, Vegetable Monoglycerides, Soy Lecithin, Potassium Sorbate And Citric Acid [Preservatives]), Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate, Flavor Fortifier (Maltodextrin, Dextrose, Natural Flavors, Lactic Acid, Triacetin), Methylcellulose, Sodium Alginate, Sodium Tripolyphosphate, Disodium Phosphate, Disodium Inosinate, Disodium Guanylate, Sugar, Polysorbate 80, Soybean Oil, Palm Oil, Annatto (Color), Yellow 5 & 6, Salt, Prefried In Vegetable Oil (Soybean And/Or Cottonseed), CONTAINS: WHEAT, MILK, SOY

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Store product for no longer than 455 days after production at a temperature between -10 and 0 degrees.

### Serving Suggestions

Perfect finger food! Great kids menu item, side item to fried fish, chicken or hot dogs. Great as a burger topper or add as a topper for bowl of Whiteys Chili.

### Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS.  
ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F.  
DEEP FRYER: 350F for 3 minutes.

### Product Specifications

Brand	Manufacturer
FRED'S	Ajinomoto Foods NA

MFG #	SPC #	GTIN	Pack	Pack Desc.
0142220	007270	10050665014222	6	6 / 2.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
13.7lb	12lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.13in	11.88in	7in	0.63ft3	12x6	455DAYS	-10°F / 0°F



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## Nutrition Analysis - By Serving

Calories	50	Total Fat	2.5g	Sodium	180mg
Protein	2	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	5g	Saturated Fat	1g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

