



FRED'S

007393 - Appetizer Toasted Onion Green Beans

Fred's Toasted Onion Battered Green Beans are made from crisp, premium petite green beans and coated in savory, toasted onion flavored batter. These are a part of our Fancy Fries line; elevated appetizers and sides that are tasty gourmet alternatives to traditional vegetables. Available in a convenient two pound bag for less waste and easier storage. Excellent hold time for take-out and delivery. Lacto-Ovo Vegetarian for those with special dietary needs.



* Benefits

Nutrition Facts

Servings per Container 90
Serving size 15pcs (85g)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 10g	12%
Saturated Fat 1.5g	8%
Trans Fat 10g	
Cholesterol 0mg	0%
Sodium 500mg	22%
Total Carbohydrate 25g	9%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 1g Added Sugar	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.2mg	7%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Green Beans, Bleached Wheat Flour, Water, Modified Food Starch, Yellow Corn Flour. Contains Less than 2% of: Dehydrated Garlic, Dehydrated Onion, Mushroom, Garlic Powder, Onion Powder, Natural and Artificial Flavors, Spice, Whey, Wheat Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Yeast Extract, Maltodextrin, Disodium Inosinate and Disodium Guanylate, Soy Lecithin, Dextrose, Gum Arabic, Extractives of Paprika, Butteroil, Sugar, Salt, Caramel Color. Prefried in Vegetable Oil (Soybean Oil). CONTAINS: WHEAT, MILK, SOY

Allergens

Contains:



Free From:



Handling Suggestions

Store product for no longer than 455 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Excellent when paired with favorite dipping sauce. Great substitute for french fries, topper to salad, cream base soup, or burger/chicken topper. These tasty Fancy Fries are also popular for use in green bean casseroles.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustments. DEEP FRYER: 350F for 1-1/2 to 2 minutes.

Product Specifications

Brand	Manufacturer
FRED'S	Windsor Foods (Specialty Brands)

MFG #	SPC #	GTIN	Pack	Pack Desc.
0275720	007393	10050665027574	6	6 / 2.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
13lb	12lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.38in	12in	7.13in	0.76ft3	10x6	455DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	190	Total Fat	10g	Sodium	500mg
Protein	2	Trans Fats	10g	Calcium	30mg
Total Carbohydrates...	25g	Saturated Fat	1.5g	Iron	1.2mg
Sugars	2g	Added Sugars	1g	Potassium	110mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

