

#### SHAMROCK 015642 - Milk 1% Low Fat 7 Oz Bottle 192416

Shamrock Farms Lowfat Milk is pure, fresh and nutritious with no added hormones. Through rigorous purity testing, cold packaging and shipping, we make sure it arrives from our family of local farms to you fresher, faster and tastier. The result is pure, wholesome, delicious milk.



		<b>Nutrition Facts</b>			
Stan TFA	Servings per Container 12 Serving size 1Bottle(207ml)				
M	Kny	Amount per serving Calories	110		
1% <u>LO</u> M	% Daily Value*				
FAT	Total Fat 2g 39				
		Saturated Fat 1.5g	8%		
	Trans Fat 0g				
	Cholesterol 10mg	3%			
* Benefits	Sodium 140mg	6%			
	Total Carbohydrate 14g	5%			
Shamrock Farms 1% Lowfat Milk is is 24/7 oz and a shelf life of 105 da	Dietary Fiber 0g	0%			
	Total Sugars 13g				
		Includes Added Sugar	%		
Ingredients	Allergens	Protein 9g			
		Vitamin D	20%		
Lowfat Milk with Vitamins A & D	Contains:	Calcium	35%		
	milk	Iron	%		
		Potassium 450mg	10%		
		* The % Daily Value (DV) tells you how mu a serving of food contributes to a daily die a day is used for general nutrition advice.			

## Handling Suggestions

Keep refrigerated. Do not freeze.

Serving Suggestions

Ready to drink from the bottle or pour it over cereal for a quick meal!

# Prep & Cooking Suggestions

Ready to drink directly from the container.

# Product Specifications

Bra	and		Manufacturer				Product Category			
SHAM	ROCK Sham		mrock Foc	nrock Foods Company		ny	Milk, White & Flavored			
MFG	#	SPC #		GTIN			Pack		Pack Desc.	
19241	6	015642	0002	28300	00550537 1		12	12	2//cs	
Gross We	ight N	let Weight	Catch Wei	ght (	Countr	try of Origin K		Kosher Child N		ild Nutrition
6.42lk	D	5.74lb	No		USA				No	
Shipping Information										
Length	Width	Height	Volume	TIxF	HI S	helf Li	fe	Storage	e Tem	p From/To
9.5in	7in	5.63in	0.22ft3	26x1	10 1	05DAY	/S	5 35°F / 40°F		





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Nutrition Analysis - By Serving

Calories	110	Total Fat	2g	Sodium	140mg
Protein	9	Trans Fats	Og	Calcium	
Total Carbohydrates…	14g	Saturated Fat	1.5g	Iron	
Sugars	13g	Added Sugars		Potassium	450mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images





