

#### **SEABOARD**

#### 051044 - Pork Frs Pork Butt Bone In 9 Lb



We kept the bone-in on this pork shoulder butt to allow for your creativity to flourish. Take this shoulder butt to the oven to be roasted, slow cooker for a low and slow cook or to the smoker for a flavor profile that will wow any guest of yours.



#### \* Benefits

All Natural Minimally processed. No artificial ingredients. Versatile to be used in a variety of dishes Gluten Free

Ingredients	Allergens
Pork	Free From:  Substituting crustaceans shellfish

# **Nutrition Facts**

Servings per Container 260 Serving size 4oz (112g)

# Amount per serving Calories

210

Galorics	210
	% Daily Value*
Total Fat 14g	21%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 20g	_
Vitamin D	8%
Calcium	0%
Iron	6%
Potassium	%

# \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.

Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

#### Serving Suggestions

For slicing ease, carve roast into 1/8" slices. Save any juice that is in the pan after cooking for a delicious au jus to pour over the slices or shredded pork.

#### Prep & Cooking Suggestions

Preheat oven to 275 F. Season roast to taste and place lean side down in shallow pan. Cook uncovered for 55-85 minutes per pound until tender and reaches an internal temperature of at least 185 F. Remove roast from oven and let rest 10-15 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

## Product Specifications

		Product Category
SEABOARD Se	aboard Foods LLC	Pork, Boxed

MFG #	SPC #	GTIN	Pack	Pack Desc.
22126	051044	90736490221269	4	4 / 1 / 12.4 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
86.6lb	84lb	Yes	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.69in	12.75in	11.31in	1.98ft3	6x5	21DAYS	28°F / 34°F





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#### Nutrition Analysis - By Serving

Calories	210kcal	Total Fat	14g	Sodium	70mg
Protein	20g	Trans Fats	0g	Calcium	
Total Carbohydrates	0g	Saturated Fat	5g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	70mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images









