



* Benefits

Nutrition Facts

Servings per Container	72
Serving size	1/3pretzel (57g)
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Amount per serving	
Calories	150
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	% Daily Value*
Total Fat 5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes Added Sugar	6%
Protein 4g	
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Vitamin D	%
Calcium	0%
Iron	15%
Potassium	%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CORN SYRUP, PALM OIL, YEAST, SUGAR, SALT, BICARBONATES AND CARBONATES OF SODA. CONTAINS WHEAT. SALT PACKET: SALT. BUTTER FLAVORED OIL PACKET: CANOLA OIL, GREEN TEA EXTRACT, NATURAL FLAVOR, BETA CAROTENE. CINNAMON SUGAR PACKET: SUGAR, CINNAMON.

Allergens

Contains:

- wheat

Free From:

- crustaceans
- fish
- milk
- peanuts
- soy
- tree nuts

Handling Suggestions

Serving Suggestions

Prep & Cooking Suggestions

Product Specifications

Brand	Manufacturer	Product Category				
GOURMET TWIST	J&J Snack Foods Corp.	Chips, Snacks, & Candy				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
3731	100500	10073321037311	24	24 / 6.0 ONZ		
Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition	
11.17lb	10.39lb	No	USA		No	
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.13in	13.5in	7.88in	0.93FT3	9x10	365DAYS	-10°F / 15°F



Nutrition Analysis - By Serving

Calories	150	Total Fat	5g	Sodium	130mg
Protein	4	Trans Fats	0g	Calcium	
Total Carbohydrates...	30g	Saturated Fat	0.5g	Iron	
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

