



ZEREGA

225025 - Pasta Small Sea Shells 9322

"Shells" or "seashells" is a type of pasta. It is usually sold in the plain durum wheat variety, and in various sizes -typically ridged outside with a smooth interior. The shell shape of the pasta allows the sauce to adhere to it better than most other pasta shapes. Excellent with lighter sauces such as a light tomato, or Arr...



* Benefits

Nutrition Facts

Servings per Container 160
Serving size 56g (2oz)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 41g	14%
Dietary Fiber 1g	3%
Total Sugars 2g	
Includes Added Sugars	%
Protein 7g	
Vitamin D 0µg	0%
Calcium 0mg	0%
Iron 10mg	55%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

DURUM FLOUR (WHEAT), NIACIN, IRON (FERROUS SULFATE) THIAMIN MONONITRATE, RIBOFLAVIN AND FOLIC ACID.

Allergens

Contains:



May Contain:



Free From:



Handling Suggestions

Dry Storage 55 - 95 degrees Fahrenheit

Serving Suggestions

Great for hot and cold entrees, and side dishes

Prep & Cooking Suggestions

4-6 qts of water per 1 lb. pasta. Bring to rolling boil and add pasta. Sitr vigorously 15 seconds. Cook to recommended cook time. Drain pasta into prepared ice bath. Rinse with cold water and shake dry. Add vegetable oil to coat. Pasta can be stored up to 24 hours under refrigerated conditions.

Product Specifications

Brand	Manufacturer	Product Category
ZEREGA	A. Zerega's Sons Inc.	Pasta & Noodles

MFG #	SPC #	GTIN	Pack	Pack Desc.
9322-000	225025	10070753093229	1	2 x 10 LB / CS

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
21lb	20LB	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.4in	12.2in	7in	0.86FT3	8x6	365DAYS	50°f / 80°f



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Nutrition Analysis - By Serving

Calories	200kcal	Total Fat	1g	Sodium	0mg
Protein	7g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	41g	Saturated Fat	0g	Iron	10mg
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

