



MOUNTAIRE

237105 - Chicken Frz Leg Meat Bnls Sknls 473

Mountaire Bo San Leg Meat



Nutrition Facts

Servings per Container
Serving size **4oz**

Amount per serving
Calories 180

	% Daily Value*
Total Fat 12g	18%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 130mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%

Protein 20g	
Vitamin D	%
Calcium	0%
Iron	6%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Boneless skinless Chicken Leg Meat

Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- soy
- wheat

Handling Suggestions

Store refrigerated or frozen.

Serving Suggestions

Cook thoroughly.

Prep & Cooking Suggestions

Cook thoroughly to a minimum internal temperature of 165 degrees

Product Specifications

Brand	Manufacturer	Product Category
MOUNTAIRE	Mountaire Farms, Inc	Chicken Cut Ups, Quarter, Halves

MFG #	SPC #	GTIN	Pack	Pack Desc.
47301	237105	90030802473019	4	4 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
40lb	40lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.75in	13in	6.75in	1.01ft3	7x7	14DAYS	28°F / 40°F



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Nutrition Analysis - By Serving

Calories	180	Total Fat	12g	Sodium	130mg
Protein	20	Trans Fats	0g	Calcium	
Total Carbohydrates...	0g	Saturated Fat	3g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	90mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

