

#### **FOLLOW YOUR HEA**

## 001061 - Cheese Gouda Smoked Sliced Vegan



Elevate your cheese party with this decadent hickory-smoked Gouda. Pair this Gouda with caramelized onions for a gourmet Panini or add it to mac n cheese for a sophisticated take on the American classic!



#### \* Benefits

Ingredients	▲ Allergens
Filtered Water, Coconut Oil, Modified Food Starch, Potato Starch, Sea Salt, Natural Smoke Flavor (Plant Sources), Olive Extract, Beta Carotene for Color.	Free From:    Continue   Continue

#### **Nutrition Facts** Servings per Container 10 1slice (20g) Serving size **Amount per serving Calories 60** % Daily Value\* Total Fat 4.5g 7% Saturated Fat 4g 20% Trans Fat 0g Cholesterol 0mg 0% Sodium 180mg 8%

Journal Toomig	070
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 0g	
Vitamin D	%
Vitamin D	70
Calcium	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

do not freeze - keep refrigerated

## **Serving Suggestions**

1 slice

### Prep & Cooking Suggestions

ready to eat

# Product Specifications

Brand	Manufacturer	Product Category
FOLLOW YOUR HEA	Earth Island	Cheese

Iron

Potassium

MFG #	SPC #	GTIN	Pack	Pack Desc.
186883	001061	20049568290274	12	12 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
5.56lb	5.25lb	No		Yes	No

Shipping Information						
Length Width Height Volume TlxHI Shelf Life Storage Temp From/To						Storage Temp From/To
11.38in	4.41in	4.25in	0.13FT3	34x11	80DAYS	36°F / 41°F



0%

%



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Nutrition Analysis - By Serving

Calories	60	Total Fat	4.5g	Sodium	180mg
Protein	0	Trans Fats	0g	Calcium	
Total Carbohydrates•••	4g	Saturated Fat	4g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additi	onal Images			

