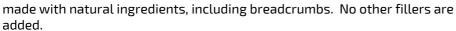


POCINO

002207 - Meatballs Fully Cooked 1 Oz







* Benefits

Ingredients Allergens Beef, Water, Textured Soy Protein (Soy Flour, Caramel Color), Bread Crumbs [Bleached Wheat Flour, Sugar, Contains 25 or Less of Salt, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Yeast], Salt, Soy Protein Concentrate, Flavorings, Spices, Sodium Phosphate, Natural

Nutrition Facts

Servings per Container Serving size 3Meatballs (53g)

Amount	per serving
Calc	rioc

190

Calonies	190
%	Daily Value*
Total Fat 14g	21%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 750mg	33%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	r 0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 8mg	44%
Potassium 0mg	0%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Keep Frozen

Flavor.

Serving Suggestions

3 Meatballs is 85g

Prep & Cooking Suggestions

Reheat before consumption; Spaghetti & Meatballs or Meatball Submarine Sandwich

Product Specifications

Brand	Manufacturer
POCINO	Pocino Foods Co.

MFG #	SPC #	GTIN	Pack	Pack Desc.
20300	002207	00071014203008	1	1 / 10.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
10.68lb	10lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
5.75in	13.38in	9.75in	0.43ft3	14x10	365DAYS	-10°F / 10°F





POCINO

002207 - Meatballs Fully Cooked 1 Oz



made with natural ingredients, including breadcrumbs. No other fillers are added.

Nutrition Analysis - By Serving

Calories	190	Total Fat	14g	Sodium	750mg
Protein	12	Trans Fats	0g	Calcium	2mg
Total Carbohydrates•••	0g	Saturated Fat	5g	Iron	8mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•	4	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		

