



GARDEIN

002330 - Chicken Plant Based Tenders

Gardein is 100% plant-protein, Certified Vegan, Non-GMO Project Verified. Gardein products are an easy swap for animal proteins, accept a wide variety of sauces, and can be prepared like traditional meat.



* Benefits

Nutrition Facts

Servings per Container **47**
Serving size **2pcs(96g)**

Amount per serving
Calories 210

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 600mg	26%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes Added Sugars	%
Protein 15g	
Vitamin D 0µg	0%
Calcium 0mg	0%
Iron 2.3mg	12%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

INGREDIENTS: WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VITAL WHEAT GLUTEN, CANOLA OIL, SOY PROTEIN ISOLATE, PEA PROTEIN CONCENTRATE, TAPIOCA STARCH, 2% OR LESS OF: DEGERMINATED YELLOW CORN FLOUR, TEXTURED WHEAT PROTEIN (WHEAT GLUTEN, WHEAT STARCH), METHYLCELLULOSE, SALT, YEAST EXTRACT, NATURAL FLAVORS, GARLIC POWDER, SPICES, ONION POWDER, DRIED ONION, FRUCTOSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), PAPRIKA EXTRACTIVES (COLOR), PEA PROTEIN, CITRIC ACID, TITANIUM DIOXIDE (COLOR), XANTHAN GUM, LACTIC ACID, SUNFLOWER OIL.

⚠ Allergens

Handling Suggestions

Follow storage and usage instructions as printed on consumer packaging.

Serving Suggestions

Follow serving suggestions as printed on the packaging.

Prep & Cooking Suggestions

Please follow preparation instructions as printed on the consumer packaging.

📄 Product Specifications

Brand	Manufacturer	Product Category
GARDEIN	Conagra Brands	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
7426700236	002330	00874267002363	1	1 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
10.6lb	10lb	No	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.38in	9.5in	7.13in	0.6ft3	12x6	365DAYS	0°F / 20°F



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Nutrition Analysis - By Serving

Calories	210kcal	Total Fat	9g	Sodium	600mg
Protein	15g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	18g	Saturated Fat	1g	Iron	2.3mg
Sugars	1g	Added Sugars		Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

