

**CHEX MIX****003336 - Snack Chex Mix Choc Caramel**

A chocolatey mix of whole grain Chex(TM) cereal pieces with great tasting chocolate and caramel flowers. Individually wrapped in a single serve portion for a convenient, grab and go snack, with 60% less fat than potato chips. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich, USDA Smart Snacks criteria, and is CACFP eligible.



# Nutrition Facts

**Servings per Container** 60  
**Serving size** 1pouch (29g)

**Amount per serving**  
**Calories** 130

	% Daily Value*
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 50mg	<b>2%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 6g	
Includes 6g Added Sugar	<b>12%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 1.3mg	<b>7%</b>
Potassium 100mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

Simply Chex is one of General Mills' most popular k-12 snacks. A great size for portion control snacking with students that still delivers on an indulgent snacking experience. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks compliant, and is CACFP eligible. 60 individually wrapped for a single serve salty snack, great for reimbursable meals or la carte. 60 per case.

## Ingredients

WHOLE WHEAT, SUGAR, ENRICHED CORN MEAL (DEGERMED YELLOW CORN MEAL, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN OIL AND/OR RICE BRAN OIL), FRUCTOSE, COCOA PROCESSED WITH ALKALI. CONTAINS 2% OR LESS OF: COCOA, SALT, CORN STARCH, DISTILLED MONOGLYCERIDES, TRISODIUM PHOSPHATE, CALCIUM CARBONATE, YELLOW CORN FLOUR, BAKING SODA, NATURAL FLAVOR. FRESHNESS PRESERVED WITH BHT. CONTAINS WHEAT INGREDIENTS.

## ⚠ Allergens

### Contains:



wheat

## Handling Suggestions

Keep in a dry cool place

## Serving Suggestions

Serve as is

## Prep & Cooking Suggestions

Ready To Eat

## 📄 Product Specifications

Brand	Manufacturer	Product Category
CHEX MIX	General Mills Inc.	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
31933000	003336	10016000319339	60	60 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
5.2lb	3.86lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	10in	10in	0.93ft3	12x5	248DAYS	32°F / 95°F



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### Nutrition Analysis - By Serving

Calories	130	Total Fat	4g	Sodium	50mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	22g	Saturated Fat	0.5g	Iron	1.3mg
Sugars	6g	Added Sugars	6g	Potassium	100mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

