

BLOUNT 003358 - Turkey Chili With Bean

A delicious chili loaded with ground turkey and black beans simmered in a rich, chunky tomato sauce.



	Nutrition FactsServings per Container32Serving size227g (8oz)			
		Amount per serving Calories	230	
		% Da	ily Value*	
		Total Fat 7g	9%	
and the second		Saturated Fat 2g	10%	
1144	and the second	Trans Fat 0g		
		Cholesterol 45mg	15%	
★ Benefits	Sodium 550mg	24%		
		Total Carbohydrate 27g	10%	
GLUTEN FREE DAIRY FREE		Dietary Fiber 8g	29%	
HIGH FIBER	Total Sugars 5g			
TURKEY RAISED WITHOUT ANTIBIOTICS		Includes 1g Added Sugar	2%	
Ingradiants		Protein 15g		
Ingredients	Allergens			
	Free From: Image: Spear state of the state o	Vitamin D 0.3mcg	2%	
INGREDIENTS: Tomatoes, Cooked Black Beans, Ground Turkey (Turkey		Calcium 70mg	5%	
Raised Without the Use of Antibiotics, Rosemary Extract), Water, Onions,		Iron 3.9mg	22%	
Contains 2% or less of: Garlic, Brown		Potassium 670mg	14%	
Sugar, Salt, Organic Canola Oil, Cayenne Pepper Sauce (Aged Cayenne Peppers, Vinegar, Water, Salt, Garlic Powder), Corn Starch, Garlic Powder and Spices.	() wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Handling Suggestions

KEEP FROZEN

Serving Suggestions

8 oz (227g)

Prep & Cooking Suggestions

Place bag in rapidly boiling water until internal temp reaches 165F (approximately 20 minutes thawed or 40 minutes from frozen).
CAREFULLY remove HOT bag from boiling water and shake bag until contents are mixed thoroughly. Caution: Bag is HOT, handle with care.
CAREFULLY cut the corner of bag and empty contents into serving container.
Hold and serve at 150F.

Product Specifications

Bra	nd		Manufacturer				Product Category		
BLOU	JNT	Blo	Blount Seafood Corporation				Soups		
MFG #	ŧ	SPC #		GTIN	GTIN I		Pack	Pack Desc.	
7746		003358	0007	795807	7460	460 4		4 / 4.0 LBR	
Gross We	ight	Net Weight	Catch Weig	ght Coi	untry of C	rigin	Koshe	er Child Nutrition	
17.5lb)	16lb	No		USA			No	
Shipping Information									
Length	Wid	th Height	Volume	TIxHI	Shelf L	ife	Storag	e Temp From/To	
13.32in	7.82	in 7.14in	0.43ft3	18x5	455DA	YS	0°F / 0°F		



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Nutrition Analysis - By Serving

Calories	230	Total Fat	7g	Sodium	550mg
Protein	15	Trans Fats	Og	Calcium	70mg
Total Carbohydrates…	27g	Saturated Fat	2g	Iron	3.9mg
Sugars	5g	Added Sugars	1g	Potassium	670mg
Dietary Fiber	8g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•		Vitamin D	0.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

