



INDEPENDENT

003418 - Lobster Tails Canadian 4 Oz

4oz LOBSTER TAIL (CA) 1X10



Nutrition Facts

Servings per Container 40
Serving size 4OZ

Amount per serving
Calories 90

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 145mg	48%
Sodium 220mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 19g	
Vitamin D	%
Calcium 515mg	40%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

LOBSTER, WATER, SALT

⚠ Allergens

Contains:

crustaceans shellfish

Free From:

mollusks eggs fish milk
 peanuts soy tree nuts wheat

Handling Suggestions

KEEP FROZEN

📄 Product Specifications

Brand	Manufacturer	Product Category
INDEPENDENT	Mazzetta	Shellfish, Other

MFG #	SPC #	GTIN	Pack	Pack Desc.
10748734700922	003418	10748734700922	1	1 / 1 / 1 cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
13lb	10lb	No	CAN		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.11in	12.5in	5.11in	0.61ft3	9x8	540DAYS	-20°F / 30°F

Serving Suggestions

Prep & Cooking Suggestions

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Nutrition Analysis - By Serving

Calories	90	Total Fat	1g	Sodium	220mg
Protein	19	Trans Fats	0g	Calcium	515mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	145mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

