



# CHICKEN/THE SEA

## 003433 - Tuna Lt Meat Premium Non Soy Pouch

Premium Wild-Caught Light Tuna; Naturally 99% Fat Free and High in Protein; Rich in Omega-3s; Convenient easy open, no drain pouch; Ready to Eat; Dolphin Safe; Traceable from Ocean to Plate, Kosher. For more information on our Dolphin Safe Policy, please visit: <https://chickenofthesea.com/dolphin-safe-policy>



### Nutrition Facts

Servings per Container 14  
Serving size 3oz(85g)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 270mg	<b>12%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 19g	
Vitamin D 1 mcg	<b>5%</b>
Calcium 0mg	<b>0%</b>
Iron 0.8mg	<b>4%</b>
Potassium 254mg	<b>5%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

- About 14 servings per container
- High in Protein
- Low in Fat
- High in Omega 3
- Ready to eat
- Easy open pouch
- Wild caught
- No preservatives added

### Ingredients

Light Tuna, Water, Vegetable Broth, Salt.

### ⚠ Allergens

#### Contains:



### Handling Suggestions

Store in a cool dry place

### Serving Suggestions

Open and Enjoy!

### Prep & Cooking Suggestions

Ready to eat

### 📄 Product Specifications

Brand	Manufacturer
CHICKEN/THE SEA	Chicken of the Sea International

MFG #	SPC #	GTIN	Pack	Pack Desc.
1004800003895	003433	1004800003895	1	1 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17.55lb	16.14lb	No	THA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18in	12.8in	3.2in	0.06ft3	8x12	1095DAYS	60°F / 90°F



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### Nutrition Analysis - By Serving

Calories	80	Total Fat	0.5g	Sodium	270mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0.8mg
Sugars	0g	Added Sugars	0g	Potassium	254mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)	0	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

