



MARIA
003489 - Artichoke Pieces 00033
trans fat free



Nutrition Facts

Servings per Container 158
Serving size 4ozs (126g)

Amount per serving
Calories 35

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 6g	2%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 40mg	3%
Iron 30mg	167%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Artichoke Hearts 62%, Water 36.88%, Salt .80%, Citric Acid 0.32%

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

store between 40-80 degrees

Serving Suggestions

great for antipasto

Prep & Cooking Suggestions

ready to consume

📄 Product Specifications

Brand	Manufacturer	Product Category
MARIA	ATALANTA CORPORATION	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
00033	003489	10070352000338	6	6 / 3.0 KGM

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
41lb	39lb	No	PER		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19in	12.5in	6.25in	0.86ft3	8x7	1095DAYS	40°F / 80°F



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Nutrition Analysis - By Serving

Calories	35	Total Fat	0g	Sodium	420mg
Protein	2	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	6g	Saturated Fat	0g	Iron	30mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	4	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

 Additional Images

