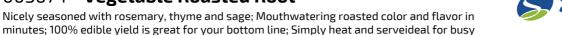


#### **ROASTWORKS**

#### 003674 - Vegetable Roasted Root







#### \* Benefits

#### Ingredients Allergens Free From: POTATOES, SWEET POTATOES, ONION, TURNIPS, CARROTS, crustaceans eggs fish milk OLIVE OIL, CONTAINS LESS peanuts sesame soy tree nuts THAN 2% OF DEHYDRATED ONION, GARLIC POWDER, (🛞) wheat NATURAL FLAVORS, POTATO STARCH, SEA SALT, SPICES, SUGAR, YEAST EXTRACT.

# **Nutrition Facts**

Servings per Container 2/3cup(95g) Serving size

# Amount per serving

Calories	80
%	Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 0g Added Sugar	r <b>0%</b>
Protein 1g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.8mg	4%
Potassium 310mg	7%

\* The % Daily Value (DV) tells you how much a nutrient in

a day is used for general nutrition advice.

a serving of food contributes to a daily diet. 2,000 calories

### Handling Suggestions

Keep frozen 0F or below

#### Serving Suggestions

Beef stew, Breakfast skillets, Quinoa salad, Chicken pot pie, Breakfast burrito, Pot roast, Citrus and chicken salad, Dill mayo salad.

#### Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 165-TONYECTION OVENBake root vegetables at 375F for 155-TO minutes in a double layer on a greased sheet pan. Rotate pan halfway through cook time. MICROWAVE (1100 WATTS)Microwave bag of root vegetables on HIGH for 10 minutes, covered, stirring halfway through cook time. Let stand for 1 minute.

#### **Product Specifications**

Brand	Manufacturer	Product Category
ROASTWORKS	J. R. Simplot Company	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
10071179029298	003674	10071179029298	6	6 / 2.5 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17lb	15lb	No	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
13.38in	12in	6.38in	0.59ft3	12x10	547DAYS	-10°F / 10°F	





#### **ROASTWORKS**

## 003674 - Vegetable Roasted Root



Nicely seasoned with rosemary, thyme and sage; Mouthwatering roasted color and flavor in minutes; 100% edible yield is great for your bottom line; Simply heat and serveideal for busy or less-skilled kitchen workers; On trend and easy to execute consistently

#### Nutrition Analysis - By Serving

Calories	80	Total Fat	2g	Sodium	250mg
Protein	1	Trans Fats	0g	Calcium	30mg
Total Carbohydrates	14g	Saturated Fat	0g	Iron	0.8mg
Sugars	4g	Added Sugars	0g	Potassium	310mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

## Additional Images













