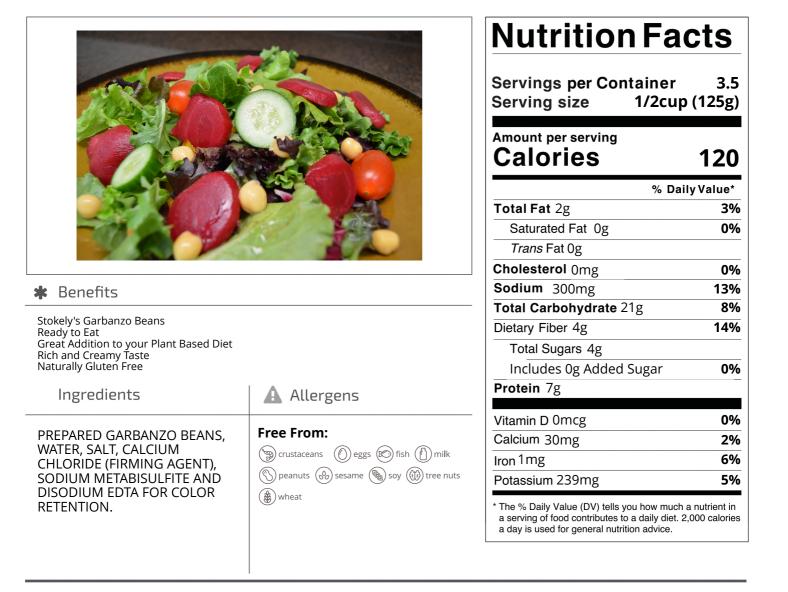


### SENECA 003766 - Beans Chick Peas Garbanzo

SIMPLE & DELICIOUS: Garbanzo Beans may have simple ingredients; but theyre packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! PLANT BASED PROTEIN: Garbanzo beans are packed with plant-based protein to power your whole day perfect for living a healthy lifestyle and a great addition for those following a plant based diet. ENVIRONMENTALLY FRIENDLY: Garbanzo Beans are packaged in recyclable steel cans made with Non-BPA lining (can lining not intentionally made with BPA). Patiently and conveniently waiting in your cupboard for your enjoyment - these Garbanzo Beans are Ready-to-Eatl Please recycle.





#### Handling Suggestions

Store at ambient temperature. Avoid freezing or prolonged storage above 900 F and below 400 F with no more than 50% humidity.

Serving Suggestions

Salad Bars. Casseroles. Soups. Pot Pies.

## Prep & Cooking Suggestions

Stovetop: Empty contents into saucepan. Bring just to a boil; drain, if desired. Season to taste. Microwave: Empty contents into microwaveable dish; cover; heat 3-4 minutes. Stir. Season to taste.

# Product Specifications

Brand		Ma	inufactur	er		Product Category				
SENEC	A	Seneca Fo	oods Cor	poratio	n	Vegetables, Canned & Frozen				
MFG #		SF	SPC #		GTIN		Pack	Pack Desc.		
F007022292774		4 00	3766 100		70222927741		24	24//cs		
Gross Weight Net		et Weight	Catch Weight		Country of Origin		Kosher	Child Nutrition		
25.98lk	o 2	25.77lb	No		USA		Yes	No		
Shipping Information										
Length	Width	Height	Volume	e TIxH	11 5	Shelf Life	Storage Temp From/To			
12.15in	9.12in	8.98in	0.58ft3	17x	5 1	095DAYS	55°F / 95°F			





## SENECA 003766 - Beans Chick Peas Garbanzo



SIMPLE & DEUCIDUS: Garbanzo Beans may have simple ingredients; but theyre packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! PLANT BASED PROTEIN: Garbanzo beans are packed with plant-based protein to power your whole day perfect for living a healthy lifestyle and a great addition for those following a plant based diet. EVURROMENTALLY FRIENDLY: Garbanzo Beans are packaged in recyclable steel cans made with Non-BPA lining (can lining not intentionally made with BPA). Patiently and conveniently waiting in your cupboard for your enjoyment - these Garbanzo Beans are Ready-to-Eat! Please recycle.

## Nutrition Analysis - By Serving

Calories	120	Total Fat	2g	Sodium	300mg
Protein	7	Trans Fats	Og	Calcium	30mg
Total Carbohydrates…	21g	Saturated Fat	Og	Iron	1mg
Sugars	4g	Added Sugars	Og	Potassium	239mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images



