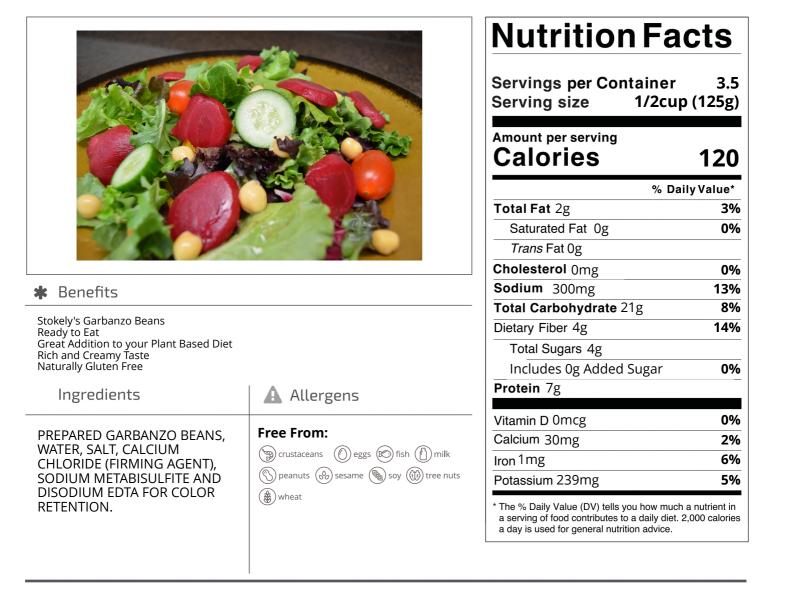


### SENECA 003766 - Beans Chick Peas Garbanzo

SIMPLE & DELICIOUS: Garbanzo Beans may have simple ingredients; but theyre packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! PLANT BASED PROTEIN: Garbanzo beans are packed with plant-based protein to power your whole day perfect for living a healthy lifestyle and a great addition for those following a plant based diet. ENVIRONMENTALLY FRIENDLY: Garbanzo Beans are packaged in recyclable steel cans made with Non-BPA lining (can lining not intentionally made with BPA). Patiently and conveniently waiting in your cupboard for your enjoyment - these Garbanzo Beans are Ready-to-Eatl Please recycle.





#### Handling Suggestions

Store at ambient temperature. Avoid freezing or prolonged storage above 900 F and below 400 F with no more than 50% humidity.

Serving Suggestions

Salad Bars. Casseroles. Soups. Pot Pies.

## Prep & Cooking Suggestions

Stovetop: Empty contents into saucepan. Bring just to a boil; drain, if desired. Season to taste. Microwave: Empty contents into microwaveable dish; cover; heat 3-4 minutes. Stir. Season to taste.

# Product Specifications

| Brand                |        | Ma        | inufactur    | er      |                   | Product Category            |                      |                 |  |  |
|----------------------|--------|-----------|--------------|---------|-------------------|-----------------------------|----------------------|-----------------|--|--|
| SENEC                | A      | Seneca Fo | oods Cor     | poratio | n                 | Vegetables, Canned & Frozen |                      |                 |  |  |
| MFG #                |        | SF        | SPC #        |         | GTIN              |                             | Pack                 | Pack Desc.      |  |  |
| F007022292774        |        | 4 00      | 3766 100     |         | 70222927741       |                             | 24                   | 24//cs          |  |  |
| Gross Weight Net     |        | et Weight | Catch Weight |         | Country of Origin |                             | Kosher               | Child Nutrition |  |  |
| 25.98lk              | o 2    | 25.77lb   | No           |         | USA               |                             | Yes                  | No              |  |  |
| Shipping Information |        |           |              |         |                   |                             |                      |                 |  |  |
| Length               | Width  | Height    | Volume       | e TIxH  | 11 5              | Shelf Life                  | Storage Temp From/To |                 |  |  |
| 12.15in              | 9.12in | 8.98in    | 0.58ft3      | 17x     | 5 1               | 095DAYS                     | 55°F / 95°F          |                 |  |  |





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SIMPLE & DEUCIDUS: Garbanzo Beans may have simple ingredients; but theyre packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! PLANT BASED PROTEIN: Garbanzo beans are packed with plant-based protein to power your whole day perfect for living a healthy lifestyle and a great addition for those following a plant based diet. EVURROMENTALLY FRIENDLY: Garbanzo Beans are packaged in recyclable steel cans made with Non-BPA lining (can lining not intentionally made with BPA). Patiently and conveniently waiting in your cupboard for your enjoyment - these Garbanzo Beans are Ready-to-Eat! Please recycle.

## Nutrition Analysis - By Serving

| Calories             | 120 | Total Fat           | 2g   | Sodium         | 300mg |
|----------------------|-----|---------------------|------|----------------|-------|
| Protein              | 7   | Trans Fats          | Og   | Calcium        | 30mg  |
| Total Carbohydrates… | 21g | Saturated Fat       | Og   | Iron           | 1mg   |
| Sugars               | 4g  | Added Sugars        | Og   | Potassium      | 239mg |
| Dietary Fiber        | 4g  | Polyunsaturated Fat |      | Zinc           |       |
| Lactose              |     | Monounsaturated Fat |      | Phosphorus     |       |
| Sucrose              |     | Cholesterol         | 0mg  |                |       |
| Vitamin A(IU)•       |     | Vitamin D           | 0mcg | Thiamin        |       |
| Vitamin A(RE)        |     | Vitamin E           |      | Niacin         |       |
| Vitamin C            |     | Folate              |      | Riboflavin     |       |
| Magnesium            |     | Vitamin B-6         |      | Vitamin B-1 2• |       |
| Monosodium           |     | Sulphites           |      | Nitrates       |       |

# Additional Images



