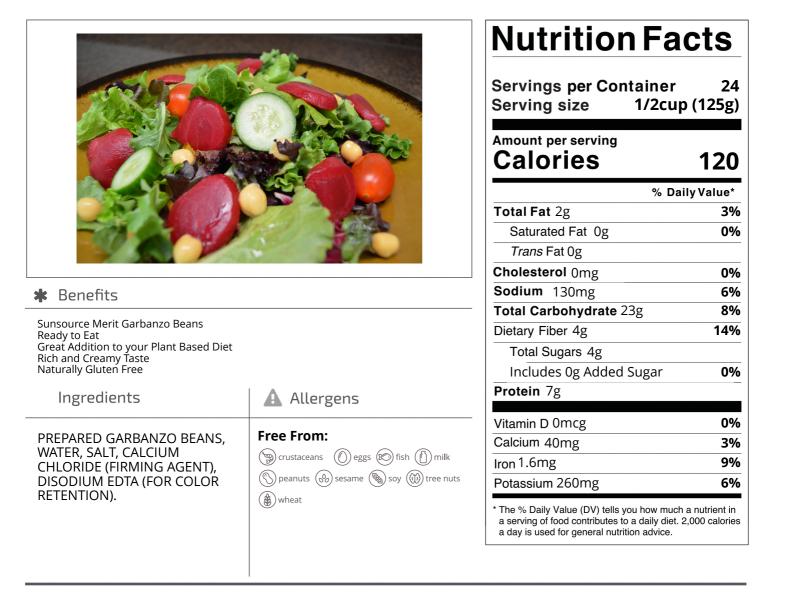


SENECA 003767 - Beans Chick Peas Fancy Garbanzo #10







Handling Suggestions

Store at ambient temperature. Avoid freezing or prolonged storage above 90 F and below 40 F with no more than 50% humidity.

Serving Suggestions

Salad Bars. Casseroles. Soups. Pot Pies.

Prep & Cooking Suggestions

Stovetop: Empty contents into saucepan. Bring just to a boil; drain, if desired. Season to taste. Microwave: Empty contents into microwaveable dish; cover; heat 3-4 minutes. Stir. Season to taste.

Product Specifications

Brand		Manufacturer					Product Category				
SEN	ECA	Seneca Foods Corporation					Beans				
MFG #		SP	C #	GTIN			P	ack	Pack Desc.		
F001868700062		2 003	3767	10018687000623				6	6 / cs		
Gross Weight Ne		t Weight	Veight Catch W		Country of Origin		n K	osher	Child Nutrition		
47lb	4	40.5lb	No		USA			Yes	No		
Shipping Information											
Length	Width	Height	Volum	e TIx	HI Shelf Life		e St	Storage Temp From/To			
18.66in	12.42in	7.08in	0.95ft3	3 7x	7	1095DAY	5	55°F / 95°F			





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SIMPLE & DELICIOUS: Garbanzo Beans may have simple ingredients; but theyre packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! PLANT BASED PROTEIN: Garbanzo beans are packed with plant-based protein to power your whole day perfect for living a healthy lifestyle and a great addition for those following a plant based diet. EVURIONMENTALLY FRIENDLY: Garbanzo Beans are packaged in recyclable steel cans made with Non-BPA lining (can lining not intentionally made with BPA). Patiently and conveniently waiting in your cupboard for your enjoyment - these Garbanzo Beans are Ready-to-Eat! Please recycle.

Nutrition Analysis - By Serving

Calories	120	Total Fat	2g	Sodium	130mg
Protein	7	Trans Fats	Og	Calcium	40mg
Total Carbohydrates…	23g	Saturated Fat	Og	Iron	1.6mg
Sugars	4g	Added Sugars	Og	Potassium	260mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



