

DAVIDS SUNFLOWE

003782 - Seeds Sunflower Original



DAVID Original Salted and Roasted Sunflower Seeds are delicious sunflower seeds that are fun to eat anytime, anywhere. These sunflower seeds are full of that salted and roasted flavor you've come to expect. Crack open the shells, discard the shells and enjoy seeds! These classic sunflower seeds are gluten free, made with no artificial flavors, are keto friendly (8g of protein, 8g net carbs; 18g total carbs fimiliar 2g dietary fiber). DAVID sunflower seeds are fun and engaging salty snacks for the entire family to enjoy, DAVID seeds can help with mental focus during the work day or while studying for a test, they can help athetes stay alert during baseball and softball games, and they can help pass the time during long road trips or while watching a sporting event. These salted and roasted sunflower seeds are packaged in a conveniently sized bag so you can take this snack with you wherever you go. DAVID is an American Original, salted and roasted sunflower seeds since 1926. They are delictious and fun to eat anytime, anywhere.



* Benefits

Twelve 1.625 oz bags of DAVID Seeds Original Salted and Roasted Sunflower Seeds
Delicious sunflower seeds that make a fun and convenient snack that you can eat anytime, anywhere
Original flavored sunflower seeds are roasted and salted to perfection
These salted sunflower seeds are still in their shell and can help with mental focus, alertness and passing the time
Roasted sunflower seeds are glitch their shell and can help with mental focus, alertness and passing the time
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Ingredients	Allergens
Sunflower Seeds, Salt.	

Nutrition Facts

Servings per Container Serving size 1package(23gKernelsPlusSaltOnSh

Amount per serving Calories

140

Calonies	140
% Dai	ly Value*
Total Fat 11g	14%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1970mg	86%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	6%
Potassium 180mg	4%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Follow storage and usage instructions as printed on consumer packaging.

Serving Suggestions

Follow serving suggestions as printed on the packaging.

Prep & Cooking Suggestions

Please follow preparation instructions as printed on the consumer packaging.



Product Specifications

Brand		Manufacturer	Product Category	
DAVIDS SUNFLOWE		ConAgra Foods Inc.	Grocery	
MEG #	SPC #	GTIN	Pack	Pack Desc

MFG #	SPC #	GTIN	Pack	Pack Desc.
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Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
18.53lb	14.63lb	No	USA	Yes	No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
16.81in	13in	14.69in	1.86ft3	8x3	270DAYS	50°F / 85°F	





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Nutrition Analysis - By Serving

Calories	140	Total Fat	11g	Sodium	1970mg
Protein	6	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	4g	Saturated Fat	1.5g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	180mg
Dietary Fiber	2g	Polyunsaturated Fat	6g	Zinc	
Lactose		Monounsaturated Fat	4g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

Additional Images









INGREDIENTS: SUNFLOWER SEEDS, SALT.



