



ATHENS

004378 - Dough Fillo Mini 1.5" Dia.

Fill em up! Its that easy to enjoy the delectable taste of fillo dough. Light, flaky layers of fillo are formed into homemade-looking mini shells, then fully baked and frozen fresh. Fast and easy to use, Athens Mini Fillo Shells are ready to fill and serve for snacks, appetizers, desserts and breakfasts. And they contain no cholesterol!



* Benefits

Nutrition Facts

Servings per Container 45
Serving size 2MiniShells (7g)

Amount per serving
Calories 30

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 1g	
Vitamin D	%
Calcium	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

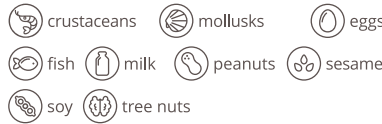
Wheat Flour, Water, Corn Starch, Canola Oil (ascorbic acid, rosemary, citric acid added to preserve freshness), Vital Wheat Gluten, Salt, Preservatives (calcium propionate, potassium sorbate), Dextrose, Maltodextrin, Citric Acid.

⚠ Allergens

Contains:



Free From:



Handling Suggestions

keep refirdgerated unil ready to use.

Serving Suggestions

Try pudding, fruit, spinach dip (or any dip), antipasto, taco salad, or anything you can imagine.

Prep & Cooking Suggestions

store frozen till ready to use

📄 Product Specifications

Brand	Manufacturer	Product Category
ATHENS	Athens Foods, Inc.	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
07244	004378	10072196072441	2	2 / 45 / 45 cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
1.4lb	0.71lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.63in	10.06in	3in	0.31ft3	10x25	365DAYS	-10°F / 15°F



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Nutrition Analysis - By Serving

Calories	30	Total Fat	1g	Sodium	25mg
Protein	1	Trans Fats	0g	Calcium	
Total Carbohydrates...	4g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

