

GRECIAN DELIGHT F5E364 - Hummus Traditional

Hummus is The Mediterranean Spread. Plant Based Hummus is a zesty blend of Chickpeas, Sesame Tahini and savory spices. Serve as a dip with vegetables and Pita wedges or as a spread for sandwiches, wraps and salads. The perfect food for vegetarians and vegans.



		Nutrition Facts			
	Servings per Container 60 Serving size 2tbsp (28g)				
		Amount per serving Calories	70		
		% Dai	ly Value*		
and the second se		Total Fat 3.5g	4%		
		Saturated Fat 0g	0%		
		Trans Fat 0g			
		Cholesterol 0mg	0%		
* Benefits		Sodium 140mg	6%		
		Total Carbohydrate 7g	3%		
		Dietary Fiber 2g	7%		
		Total Sugars 1g			
		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 3g			
		Vitamin D 0mcg	0%		
Cooked Chickpeas, Water, Sesame Tahini, Lemon Juice, Soybean Oil	Contains:	Calcium 12mg	1%		
and/or Canola Oil, Seasoning (Salt,	🛞 sesame 🛞 soy	Iron 1mg	6%		
Sugar, Cellulose, Modified Corn Starch, Spices, Citric Acid),	Free From:	Potassium 15mg	0%		
Contains 2% or less of: Garlic Puree (Garlic, Citric Acid, Ascorbic Acid), Soy Lecithin, Natural Flavors CONTAINS: Soy	(in the second s	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calorid a day is used for general nutrition advice.			

Handling Suggestions

-Store in freezer (0F - 5F) in original packaging until needed- Frozen shelf life is 270 days- Refrigerated shelf life 14 days- Shelf life once opened is 3-5 days

Serving Suggestions

Serve with vegetables or pita wedges.

Prep & Cooking Suggestions

- Remove tub(s) from case and thaw under refrigeration (33F - 40F) for 24-36 hours- Stir well with spoon before service

Product Specifications

Brand		Manufacturer			Product Category				
GREC	GRECIAN DELIGHT			Grecian Delight Foods			Sauces		
MFG #	-	SPC #		GTIN		Pack		Pack Desc.	
4340	F	5E364	00075	365043	405	4		4 / 3.75 LBR	
Gross We	ight Ne	t Weight	Catch Weig	ht Co	untry of	Origin	Kosh	ner	Child Nutrition
16.3lb)	15lb	No		USA		Yes	s	No
	Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf	Life	Stora	ge 1	ſemp From/To
13.69in	7.06in	9.38in	0.52ft3	15x6	270D	AYS	0°F / 10°F		





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Nutrition Analysis - By Serving

Calories	70	Total Fat	3.5g	Sodium	140mg
Protein	3	Trans Fats	Og	Calcium	12mg
Total Carbohydrates…	7g	Saturated Fat	Og	Iron	1mg
Sugars	1g	Added Sugars	Og	Potassium	15mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



