

GRECIAN DELIGHT F5E364 - Hummus Traditional

Hummus is The Mediterranean Spread. Plant Based Hummus is a zesty blend of Chickpeas, Sesame Tahini and savory spices. Serve as a dip with vegetables and Pita wedges or as a spread for sandwiches, wraps and salads. The perfect food for vegetarians and vegans.



| | | Nutrition Facts | | | |
|---|--|--|-----------|--|--|
| | Servings per Container 60 Serving size 2tbsp (28g) | | | | |
| | | Amount per serving Calories | 70 | | |
| | | % Dai | ly Value* | | |
| and the second se | | Total Fat 3.5g | 4% | | |
| | | Saturated Fat 0g | 0% | | |
| | | Trans Fat 0g | | | |
| | | Cholesterol 0mg | 0% | | |
| * Benefits | | Sodium 140mg | 6% | | |
| | | Total Carbohydrate 7g | 3% | | |
| | | Dietary Fiber 2g | 7% | | |
| | | Total Sugars 1g | | | |
| | | Includes 0g Added Sugar | 0% | | |
| Ingredients | Allergens | Protein 3g | | | |
| | | Vitamin D 0mcg | 0% | | |
| Cooked Chickpeas, Water, Sesame Tahini, Lemon Juice, Soybean Oil | Contains: | Calcium 12mg | 1% | | |
| and/or Canola Oil, Seasoning (Salt, | 🛞 sesame 🛞 soy | Iron 1mg | 6% | | |
| Sugar, Cellulose, Modified Corn Starch, Spices, Citric Acid), | Free From: | Potassium 15mg | 0% | | |
| Contains 2% or less of: Garlic Puree (Garlic, Citric Acid, Ascorbic Acid), Soy Lecithin, Natural Flavors CONTAINS: Soy | (in the second s | * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calorid a day is used for general nutrition advice. | | | |

Handling Suggestions

-Store in freezer (0F - 5F) in original packaging until needed- Frozen shelf life is 270 days- Refrigerated shelf life 14 days- Shelf life once opened is 3-5 days

Serving Suggestions

Serve with vegetables or pita wedges.

Prep & Cooking Suggestions

- Remove tub(s) from case and thaw under refrigeration (33F - 40F) for 24-36 hours- Stir well with spoon before service

Product Specifications

| Brand | | Manufacturer | | | Product Category | | | | |
|----------|----------------------|--------------|------------|-----------------------|------------------|--------|------------|--------------|-----------------|
| GREC | GRECIAN DELIGHT | | | Grecian Delight Foods | | | Sauces | | |
| MFG # | - | SPC # | | GTIN | | Pack | | Pack Desc. | |
| 4340 | F | 5E364 | 00075 | 365043 | 405 | 4 | | 4 / 3.75 LBR | |
| Gross We | ight Ne | t Weight | Catch Weig | ht Co | untry of | Origin | Kosh | ner | Child Nutrition |
| 16.3lb |) | 15lb | No | | USA | | Yes | s | No |
| | Shipping Information | | | | | | | | |
| Length | Width | Height | Volume | TIxHI | Shelf | Life | Stora | ge 1 | ſemp From/To |
| 13.69in | 7.06in | 9.38in | 0.52ft3 | 15x6 | 270D | AYS | 0°F / 10°F | | |





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Nutrition Analysis - By Serving

| Calories | 70 | Total Fat | 3.5g | Sodium | 140mg |
|----------------------|----|---------------------|------|----------------|-------|
| Protein | 3 | Trans Fats | Og | Calcium | 12mg |
| Total Carbohydrates… | 7g | Saturated Fat | Og | Iron | 1mg |
| Sugars | 1g | Added Sugars | Og | Potassium | 15mg |
| Dietary Fiber | 2g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images



