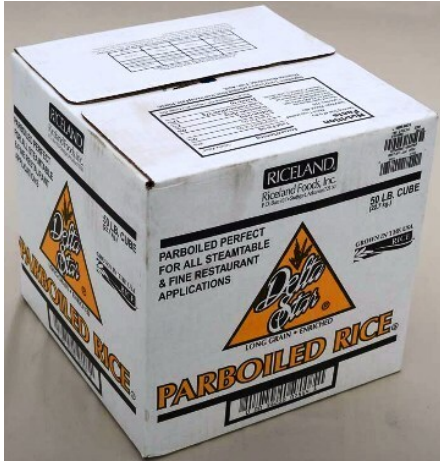




RICELAND FOODS

004519 - Rice Parboiled White

This procedure gelatinizes the starch in the grain, and ensures a firmer, more separate grain. Parboiled rice is favored by consumers and chefs who desire an extra fluffy and separate cooked rice.; Versatile ; Economical ; Easily stored ; Compatible with flavor systems



Nutrition Facts

Servings per Container 483
Serving size 2OZ (47g)

Amount per serving
Calories 170

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 70mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Long Grain Parboiled Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, and Folic Acid.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

50 lb Polyweave Bag. As with many dry goods, uncooked rice should be stored in a dry and cool environment. Rice will absorb strong aromas, so it is very important to store rice far away from foods such as onions or garlic. Keeping rice in securely sealed container keeps out unwanted moisture and eliminates the risk of infestation.

Serving Suggestions

Considering the 2:1 ratio, dry rice will triple in volume when cooked. When working with rice it is usually easier to measure the ingredients and calculate portions by volume. For costing purposes and writing recipes, it is helpful to know the correlation between volume and weight measures for rice; 1 cup dry rice = approx. 7 oz. (wt.); 1# dry rice = approx. 2 1/4 c. (vol.); 1 cup cooked rice = approx. 8 oz. (wt.); 1# cooked rice = approx. 1 pt.

Prep & Cooking Suggestions

Typically cook on stovetop, steamer or oven. Most methods of rice cookery require a measured amount of liquid to ensure a properly cooked product. The general rule is 2 parts liquid to 1 part rice by volume.

📄 Product Specifications

Brand	Manufacturer	Product Category
RICELAND FOODS	Riceland Foods Inc.	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
3520019758	004519	00035200197588	1	1 / 50.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
50.02lb	50lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
26.88in	13in	6.17in	1.25ft3	6x7	360DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	170	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	37g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	70mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

