



MCCAIN

# 004868 - Potato Skins

Pre-baked and quick-frozen for fast, easy and reliable preparation. Consistent, uniform size gives effective portion costs and control. Ideal for fryer and oven applications.



### \* Benefits

## Nutrition Facts

Servings per Container 101  
Serving size 2pcs(76g)

Amount per serving  
**Calories 150**

|                               | % Daily Value* |
|-------------------------------|----------------|
| <b>Total Fat</b> 0g           | <b>0%</b>      |
| Saturated Fat 0g              | <b>0%</b>      |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 0mg        | <b>0%</b>      |
| <b>Sodium</b> 15mg            | <b>1%</b>      |
| <b>Total Carbohydrate</b> 35g | <b>13%</b>     |
| Dietary Fiber 6g              | <b>21%</b>     |
| Total Sugars 1g               |                |
| Includes 0g Added Sugar       | <b>0%</b>      |
| <b>Protein</b> 3g             |                |
| Vitamin D 0mcg                | <b>0%</b>      |
| Calcium 30mg                  | <b>2%</b>      |
| Iron 5.4mg                    | <b>30%</b>     |
| Potassium 440mg               | <b>9%</b>      |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Ingredients: Potatoes.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

KEEP FROZEN

### Serving Suggestions

2.7 oz

### Prep & Cooking Suggestions

DEEP FRY: FILL BASKET HALF FULL (1.5 LBS) WITH FROZEN SKINS. DEEP FRY @ 350 F FOR 2 1/2 TO 3 MINUTES.

### 📄 Product Specifications

| Brand  | Manufacturer       | Product Category            |
|--------|--------------------|-----------------------------|
| MCCAIN | McCain Foods, Inc. | Vegetables, Canned & Frozen |

| MFG #    | SPC #  | GTIN           | Pack | Pack Desc.   |
|----------|--------|----------------|------|--------------|
| MCX03602 | 004868 | 10072714036023 | 4    | 4 / 4 / 4 cs |

| Gross Weight | Net Weight | Catch Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|--------------|-------------------|--------|-----------------|
| 18.43lb      | 17lb       | No           | USA               |        | No              |

| Shipping Information |         |         |         |       |            |                      |
|----------------------|---------|---------|---------|-------|------------|----------------------|
| Length               | Width   | Height  | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 15.88in              | 11.88in | 11.13in | 1.21ft3 | 10x7  | 730DAYS    | 0°F / 0°F            |



**MCCAIN**

# 004868 - Potato Skins

Pre-baked and quick-frozen for fast, easy and reliable preparation. Consistent, uniform size gives effective portion costs and control. Ideal for fryer and oven applications.



## Nutrition Analysis - By Serving

|                        |     |                     |      |              |       |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories               | 150 | Total Fat           | 0g   | Sodium       | 15mg  |
| Protein                | 3   | Trans Fats          | 0g   | Calcium      | 30mg  |
| Total Carbohydrates... | 35g | Saturated Fat       | 0g   | Iron         | 5.4mg |
| Sugars                 | 1g  | Added Sugars        | 0g   | Potassium    | 440mg |
| Dietary Fiber          | 6g  | Polyunsaturated Fat | 0g   | Zinc         |       |
| Lactose                |     | Monounsaturated Fat | 0g   | Phosphorus   |       |
| Sucrose                |     | Cholesterol         | 0mg  |              |       |
| Vitamin A(IU)          |     | Vitamin D           | 0mcg | Thiamin      |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin       |       |
| Vitamin C              |     | Folate              |      | Riboflavin   |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-12 |       |
| Monosodium             |     | Sulphites           |      | Nitrates     |       |

## Additional Images

