

### BOB'S RED MILL

# 004967 - Baking Flour Gluten Free 1 To 1

A gluten free flour bend that enables gluten free bakers to substitute one for one this flour for wheat flour. This blend includes xanthan gum so no other ingrediets need to be added to result in baked goods that no one will know are gluten free.



		Nutrition FactsServings per Container306Serving size1/4cup(40g)			
BOUT	en FREE ed Juli				
Balan Make Your R	EN FREE	Amount per serving Calories	140		
A first particular distribution of the control of t	extent         > 10 shaft starts and and law           >         > 10 shaft starts and and law           dt         > 10 shaft starts and and law           dt         > 0 shaft starts and and law           dt         - 0 shaft and parts for law	% Daily Value*			
<ul> <li>contract, canter, barrenes and the contract of th</li></ul>		Total Fat Og	0%		
THE SECOND	25 (8 (11.34 kg)	Saturated Fat 0g	0%		
		Trans Fat 0g			
	Cholesterol 0mg	0%			
* Benefits		Sodium 10mg	0%		
•		Total Carbohydrate 33g	12%		
One, 25 pound bulk bag Gluten Free; Vegan; Vegetarian; Non-GMO	Dietary Fiber 1g	4%			
Manufactured in a dedicated gluten free f	Total Sugars 0g				
Direct replacement for wheat flour in your favorite baking recipes No corn, soy, or oat ingredients		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 2g			
		Vitamin D 0mcg	0%		
Sweet White Rice Flour, Whole	May Contain:	Calcium 4mg	0%		
Grain Brown Rice Flour, Potato Starch, Whole Grain Sweet	🗞 sesame 🐚 soy 💮 tree nuts	Iron 0mg	0%		
White Sorghum Flour, Tapioca	Free From:	Potassium 64mg	1%		
Flour, Xanthan Gum	crustaceans () eggs () fish () milk () peanuts () wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.			

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#### Handling Suggestions

Keeps best refrigerated or frozen. Use as per recipe.

Serving Suggestions

Ideal for cookies, cakes, brownies, muffins, and more.

## Prep & Cooking Suggestions

Use as per recipe.

# Product Specifications

Bra	nd	Manufacturer				Product Category		
BOB'S RED MILL BOB'S RED MILL NATURAL FOODS INC Flour & Co					ır & Cornmeal			
MFG #	#	SPC #	GTIN		Pac	k	Pack Desc.	
P10147	71	004967	0003	3997810	04533	3 1		1 / ea
Gross Wei	ght Ne	t Weight	Catch Wei	ght Co	untry of Or	igin K	osher	Child Nutrition
25.5lb		25lb	No		USA		Yes	No
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf Li	fe Sto	orage <sup>-</sup>	Temp From/To
26in	13in	3.81in	0.75ft3	5x16	548DAY	′S	32	°F / 71°F

powered by



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Nutrition Analysis - By Serving

Calories	140	Total Fat	Og	Sodium	10mg
Protein	2	Trans Fats	Og	Calcium	4mg
Total Carbohydrates…	33g	Saturated Fat	Og	Iron	0mg
Sugars	Og	Added Sugars	Og	Potassium	64mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



