



SPERRY

# 005028 - Flour Organic High Gluten Unbleach

Sperry(TM) Organic High Gluten Flour is a spring wheat, wheat flour. Available in a 50 lb package format, with a 12.0% protein level.



## Nutrition Facts

Servings per Container 755  
Serving size 1/4cup (30g)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	0%
<b>Protein</b> 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.4mg	2%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

A high-gluten, spring wheat, wheat flour. Provided in an unbleached option. A great choice for many operations who desire an organic alternative. Produced in compliance with USDA organic certification requirements. Contains a 12.0% protein level. Available in a 50 lb package, which is cost effective for large operations.

### Ingredients

Ingredients: 100% Organic Wheat Flour.

### ⚠ Allergens

**Contains:**



### Handling Suggestions

Store in a cool, clean and dry location away from materials with strong odors. Temperature should be less than 80 degrees. RAW FLOUR IS NOT READY-TO-EAT AND MUST BE THOROUGHLY COOKED BEFORE EATING. TO PREVENT ILLNESS FROM NATURALLY OCCURRING BACTERIA IN WHEAT FLOUR, DO NOT EAT OR PLAY WITH RAW DOUGH OR BATTER; WASH HANDS AND SURFACES AFTER HANDLING.

### Serving Suggestions

Great for hard rolls, crusty hearth breads, bagels and thin crust pizza.

### Prep & Cooking Suggestions

Use as an ingredient in your desired recipe or formula.

Raw flour is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat or play with raw dough or batter; wash hands and surfaces after handling.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
SPERRY	General Mills Inc.	Flour & Cornmeal

MFG #	SPC #	GTIN	Pack	Pack Desc.
16000-57881	005028	10016000578811	1	1 / 50.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
50.5lb	50lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
30in	16in	4.5in	1.25ft3	5x10	372DAYS	32°F / 95°F



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## Nutrition Analysis - By Serving

Calories	110	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	0.4mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

