



Nutrition Facts

Servings per Container

Serving size100grams

Amount per serving

Calories236.96

% Daily Value*	
Total Fat	21g26%
Saturated Fat	1.61g8%
Trans Fat	0g
Cholesterol	0mg0%
Sodium	1232.64mg54%
Total Carbohydrate	9.31g3%
Dietary Fiber	4.9g18%
Total Sugars	1.77g
Includes 0g Added Sugar	0%
Protein	2.68g
Vitamin D	0mcg0%
Calcium	74.62mg6%
Iron	4.11mg23%
Potassium	370.81mg8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Bell peppers, jalapenos, canola/olive oil blend, garlic, cilantro, paprika, cumin, caraway seed, salt and citric acid.

⚠ Allergens

Free From:

-  crustaceans
-  eggs
-  fish
-  milk
-  peanuts
-  sesame
-  soy
-  tree nuts
-  wheat

Handling Suggestions

Serving Suggestions

Prep & Cooking Suggestions

📄 Product Specifications

Brand	Manufacturer	Product Category
SUPHERB FARMS	SupHerb Farms	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
16993	005167	00080731169931	2	2 / / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
4.45lb	4lb	No			No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.44in	4.75in	5.94in	0.15FT3	38x8	730DAYS	0°F / 0°F



SUPHERB FARMS

005167 - Paste Moroccan Harissa / #16993



Nutrition Analysis - By Serving

Calories	236.96	Total Fat	21g	Sodium	1232.64mg
Protein	2.68	Trans Fats	0g	Calcium	74.62mg
Total Carbohydrates...	9.31g	Saturated Fat	1.61g	Iron	4.11mg
Sugars	1.77g	Added Sugars	0g	Potassium	370.81mg
Dietary Fiber	4.9g	Polyunsaturated Fat	4.81g	Zinc	
Lactose		Monounsaturated Fat	11.75g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	3347	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	33.67mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

