

Avocado, Hass Ripe, 30 ct

Product Last Saved Date:22 February 2016

Nutrition Facts

Serving Size:

Number of Servings per Package:

Amount Per Serving

Calories: _____ Calories from Fat: _____
 % Daily Value*

Total Fat g %
 Saturated Fat g %
 Trans Fat g %
 Cholesterol mg %
 Sodium mg %
 Total Carbohydrate g %
 Dietary Fiber g %
 Sugars g %

Protein g

	Per Srv		Per Srv
Vitamin A	%	Vitamin C	%
Calcium	%	Iron	%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
 Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
SAVORW	005846	30825146036741	30 X 1 EA	

Brand	Brand Owner	GPC Description
Subway	Doctors Associates Inc	Fruit – Unprepared/Unprocessed (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5 LB	12.5 LB	Peru	No	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17 IN	13.25 IN	4 IN	0.5214 CF	8x20	6 Days	33 FA / 50 FA

Ingredients:

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Peanuts - NI
Soy - NI	Wheat - NI	TreeNuts - NI
Fish - NI	Crustacean - NI	Nuts - NI

Handling Suggestions:

Benefits:

Serving Suggestions:

Prep & Cooking Suggestions:

More Information: