

# SIMPLOT 006478 - Avocado Frz Pulp Hpp

avocado lug; A delicious topping or time-saving base for signature recipes; 100% yieldno paying for pits and skins; Versatile in spreads, dressings, guacamole, dips, smoothies and more; 1 lb. bags reduce waste Every case reduces your teams labor by at 1 hour vs a 25



|                   |   | <b>Nutrition Facts</b>  |             |  |
|-------------------|---|---|-------------|--|
|                   | Servings per Container 109<br>Serving size 3tbsp(50g) |   |             |  |
|                   |   | Amount per serving<br>Calories  | 110         |  |
|                   |   | % Da  | aily Value* |  |
|                   |   | Total Fat 10g   | 13%         |  |
|                   |   | Saturated Fat 1.5g  | 8%          |  |
|                   |   | Trans Fat 0g  |             |  |
|                   |   | Cholesterol 0mg   | 0%          |  |
| <b>★</b> Benefits |   | Sodium Omg  | 0%          |  |
|                   |   | Total Carbohydrate 3g   | 1%          |  |
|                   |   | Dietary Fiber 3g  | 11%         |  |
|                   |   | Total Sugars 0g   |             |  |
|                   |   | Includes 0g Added Sugar   | 0%          |  |
| Ingredients       | Allergens   | Protein 1g  |             |  |
|                   |   | Vitamin D 0mcg  | 0%          |  |
| HASS AVOCADO.     | Free From:  | Calcium 10mg  | 1%          |  |
|                   | crustaceans 🔘 eggs 🔊 fish 街 milk                      | Iron 0.5mg  | 3%          |  |
|                   | 🕥 peanuts 🔗 sesame 🛞 soy 💮 tree nuts                  | Potassium 280mg   | 6%          |  |
|                   | () wheat  | * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |             |  |

Handling Suggestions

Keep frozen 0F or below

#### Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, smoothies, sandwiches, breakfast & brunch, burgers, wraps, condiments, Mexican dishes and more. Great across all menu parts!

# Prep & Cooking Suggestions

Food Safety Statement: FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED PULP WITHIN 7 DAYS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT 40F. ONCE THAWED, DO NOT REFREEZE.

# Product Specifications

| Brand                |         |           | Manufacturer         |                |      |                 |              |                 |
|----------------------|---------|-----------|----------------------|----------------|------|-----------------|--------------|-----------------|
| SIMPLOT              |         |           | J.R. Simplot Company |                |      |                 |              |                 |
| MFG #                |         | S         | SPC #                |                | GTIN |                 | Pack         | Pack Desc.      |
| 100711               | 7993220 | 50 00     | 6478                 | 10071179932260 |      | 12              | 12 / 1.0 LBR |                 |
| Gross Wei            | ight Ne | et Weight | Catch We             | eight          | Οοι  | Intry of Origin | Kosher       | Child Nutrition |
| 14lb                 |         | 12lb      | No                   |                |      | MEX             | Yes          | No              |
| Shipping Information |         |           |                      |                |      |                 |              |                 |
| Length               | Width   | Height    | Volum                | e Tl           | хНI  | Shelf Life      | Storage      | Temp From/To    |
| 11.38in              | 8.88in  | 6.13in    | 0.36ft3              | 3 1            | 7x8  | 540DAYS         | -10°F / 10°F |                 |





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Nutrition Analysis - By Serving

| Calories             | 110 | Total Fat           | 10g  | Sodium         | 0mg   |
|----------------------|-----|---------------------|------|----------------|-------|
| Protein              | 1   | Trans Fats          | Og   | Calcium        | 10mg  |
| Total Carbohydrates… | 3g  | Saturated Fat       | 1.5g | Iron           | 0.5mg |
| Sugars               | Og  | Added Sugars        | Og   | Potassium      | 280mg |
| Dietary Fiber        | 3g  | Polyunsaturated Fat | Og   | Zinc           | 0     |
| Lactose              |     | Monounsaturated Fat | Og   | Phosphorus     |       |
| Sucrose              |     | Cholesterol         | 0mg  |                |       |
| Vitamin A(IU)•       | 0   | Vitamin D           | 0mcg | Thiamin        |       |
| Vitamin A(RE)        |     | Vitamin E           |      | Niacin         |       |
| Vitamin C            | 0mg | Folate              | 0mg  | Riboflavin     | 0mg   |
| Magnesium            |     | Vitamin B-6         |      | Vitamin B-1 2• |       |
| Monosodium           |     | Sulphites           |      | Nitrates       |       |

## Additional Images



