



HARVEST CREATIO

006516 - *Appetizer Tomatoes Fried Green

Dipt'n Dusted Fried Green Tomatoes - Thick slices of fresh tart green tomatoes coated in seasoned flour with a hint of salt and pepper. 9 to 15 slices per pound.



Nutrition Facts

Servings per Container 64
Serving size 3oz(About2Slices) (84g)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 510mg	22%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 18mg	1%
Iron 2mg	11%
Potassium 32mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

GREEN TOMATOES, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SOYBEAN, CORN AND/OR COTTONSEED OIL), YELLOW CORN MEAL, WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED WHEAT STARCH, SALT, YELLOW CORN FLOUR, SPICES, DEXTROSE, MODIFIED CORN STARCH, LEAVENING(SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), SOYBEAN OIL, CORN SYRUP SOLIDS, GARLIC POWDER, CITRIC ACID, DISODIUM INOSINATE & DISODIUM GUANYLATE, LEMON JUICE SOLIDS, NATURAL FLAVOR, MODIFIED CELLULOSE, XANTHAN GUM. CONTAINS: WHEAT *MADE IN A FACILITY THAT ALSO PROCESSES SHRIMP AND FISH PRODUCTS*

Allergens

Contains:



wheat

Free From:



Handling Suggestions

Keep frozen until ready to use. Do not re-freeze.

Serving Suggestions

Appetizer (Fried Tomatoes), Sandwich (BLT).

Prep & Cooking Suggestions

Deep fry at 350F for 2 to 3 minutes.

Product Specifications

Brand		Manufacturer		Product Category		
HARVEST CREATIO		Tampa Maid Foods		Vegetables, Canned & Frozen		
MFG #		SPC #	GTIN		Pack	Pack Desc.
1TM03450020		006516	10025753032266		6	6 / 2.0 LBR
Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition	
13lb	12lb	No	USA		No	
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.75in	12.13in	7.44in	0.72ft3	12x7	730DAYS	0°F / 0°F



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Calories	190	Total Fat	10g	Sodium	510mg
Protein	3	Trans Fats	0g	Calcium	18mg
Total Carbohydrates...	24g	Saturated Fat	1.5g	Iron	2mg
Sugars	2g	Added Sugars	0g	Potassium	32mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	222.2	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	7.06mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

