



SIMPLOT CLASSIC

# 006611 - Spinach Chopped Frozen 190226

Higher percentage of tender leaves and less stem material for superior eating quality; Farm-fresh color and flavor; Consistent year-round quality and pricing



### \* Benefits

## Nutrition Facts

Servings per Container 192  
Serving size 1/3cup(83g)

Amount per serving  
**Calories 30**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 125mg	<b>5%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 70mg	<b>5%</b>
Iron 0.9mg	<b>5%</b>
Potassium 240mg	<b>5%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

SPINACH.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep frozen 0F or below

### Serving Suggestions

A valuable ingredient for healthy eating, enhance recipes such as soups with this premium quality, deep green spinach.

### Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY: Keep frozen until ready to cook. Do not refreeze. Heat to 165F before use. STOVE TOP1. Bring 4 quarts of water to a boil on HIGH. 2. Add 3 lb of frozen vegetables. Bring to a second boil. Separate completely with fork. Cook for 14 minutes, stirring as needed.

### 📄 Product Specifications

Brand	Manufacturer
SIMPLOT CLASSIC	J. R. Simplot Company

MFG #	SPC #	GTIN	Pack	Pack Desc.
10071179190226	006611	10071179190226	12	12 / 3.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
39.5lb	36lb	No	MEX		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
22.5in	12.13in	7.75in	1.22ft3	15x3	720DAYS	-10°F / 10°F



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Nutrition Analysis - By Serving

Calories	30	Total Fat	0g	Sodium	125mg
Protein	2	Trans Fats	0g	Calcium	70mg
Total Carbohydrates...	3g	Saturated Fat	0g	Iron	0.9mg
Sugars	1g	Added Sugars	0g	Potassium	240mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

