

TRADITIONAL 007139 - Potato Tater Gems 04189

Reduced sodium gem is perfect for healthcare and schools; Versatility to be served anytime in a variety of ways; Made from premium potatoes with no fillers or binders; Easy preparationbake or fry



		Nutrition FactsServings per Container160Serving size3oz(84g/about10pcs)		
	le la			
		Amount per serving Calories	160	
CONTRACTOR OF THE OWNER OWNE		% Da	ily Value*	
	A CONTRACTOR OF	Total Fat 9g	12%	
		Saturated Fat 1.5g	8%	
50	e i	Trans Fat 0g		
		Cholesterol 0mg	0%	
* Benefits		Sodium 230mg	10%	
		Total Carbohydrate 19g	7%	
		Dietary Fiber 1g	4%	
		Total Sugars 0g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 2g		
		Vitamin D 0mcg	0%	
POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, AND/OR COTTONSEED OILS), CONTAINS	Free From:	Calcium 0mg	0%	
	crustaceans () eggs () fish () milk	Iron 0.5mg	3%	
LESS THAN 2% OF DEXTROSE,	Soy tree nuts because the soy and the second	Potassium 265mg	6%	
SEA SALT, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR).	(wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

Handling Suggestions

Keep frozen 0F or below

Serving Suggestions

A great alternative to fries, mashed and baked potatoes. Delicious as a sides and in an appetizer.

Prep & Cooking Suggestions

Food Safety Statement: COOKING INSTRUCTIONSFOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS. ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 165F. Deep Fryer:345, 3 minutes, Fill fryer basket half full. Convection Oven:450, 10-15 minutes, Arrange Gems in a single layer on sheet pans. Turbocherf.450 minutes, Arrange Gems in a single layer on sheet pans. Turbocherf.450 with 50F off set for 2 minutes 45 seconds, 2 minutes 45 secondsEvent 1: 100% Time, 100% Air, 50% Microwave, 8.0 oz (0.5 lb) on black basket lined with parchment paper. Combi Oven:450, 10-12 minutes, Fan 75%, Steam 0%. Arrange Gems in a single layer on sheet pans.

Product Specifications

Brand				Manufacturer					
TRADITIONAL					J.R. Simplot Company				
М	FG #	SP	PC #		GTI	N	Pack		Pack Desc.
100711	790041	89 007	7139	1007	1179	004189	6	6	/ 1 / 5.0 LBR
Gross We	ight Ne	et Weight	Catch W	/eight	Οοι	Intry of Orig	in Kosh	er	Child Nutrition
32lb		30lb	Nc)		USA			No
Shipping Information									
Length	Width	Height	Volum	ne Tl	IxHI	Shelf Life	e Stora	ge T	emp From/To
16in	13in	10.13in	1.22ft	t3 9	9x8	730DAYS		-10°F / 10°F	





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Nutrition Analysis - By Serving

Calories	160	Total Fat	9g	Sodium	230mg
Protein	2	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	19g	Saturated Fat	1.5g	Iron	0.5mg
Sugars	Og	Added Sugars	Og	Potassium	265mg
Dietary Fiber	1g	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



