

# **BERNARDI**

# 007148 - Pasta Lasagna Sheets Wavy 74856



This wavy pasta sheet is ready-to-cook and ribbed to make a taller lasagna with less chance of shifting while cutting and serving. It is pre-blanched for quick prep and ease of use; creates less waste than dry noodles. Noodle size is 8.5" x 10.5".



## \* Benefits

# Ingredients Allergens Enriched Durum Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Eggs. CONTAINS: WHEAT, EGGS. Contains: © eggs wheat Free From: © crustaceans of fish milk peanuts of sesame so soy fish milk peanuts

# **Nutrition Facts**

Servings per Container 32 Serving size 1pc (142g)

Amount per serving

320

4%

Calories	320
% Da	aily Value*
Total Fat 2g	2%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 15mg	0%
Total Carbohydrate 64g	23%
Dietary Fiber 1g	3%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 12g	_
Vitamin D 0µg	0%
Calcium 30mg	2%
Iron 3mg	16%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

# Serving Suggestions

Use to create your own noodle or as a wrapper for your own filled pasta dish covering with desired amount of hot marinara sauce or hot alfredo sauce, or your favorite pasta-sauce, then sprinkle with shavings of Parmesan cheese or Romano cheese.

# Prep & Cooking Suggestions

NOTE: SINCE ALL TYPES OF COOKING EQUIPMENT AND EQUIPMENT'S SETTINGS MAY VARY, COOKING TIMES MAY REQUIRE ADJUSTING. FOR FOOD SAFETY, FOLLOW THESE COOKING INSTRUCTIONS: STOVETOP BOILING (Preferred Method): Place 1 frozen pasta sheet into boiling water (3 quarts water per 1 pasta sheet). Cook uncovered for 2-1/2 minutes, stirring occasionally. Cook to a minimum internal temperature of 165F for 15 seconds. Carefully drain.

# **Product Specifications**

Brand	Manufacturer	Product Category
BERNARDI	Ajinomoto Foods NA	Pasta & Noodles
	-	

Potassium 200mg

MFG #	SPC #	GTIN	Pack	Pack Desc.
74856	007148	10072883748567	1	1 / 10.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
11lb	10lb	No	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12in	10in	5.63in	0.39ft3	16x7	365DAYS	-10°F / 0°F





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# Nutrition Analysis - By Serving

Calories	320kcal	Total Fat	2g	Sodium	15mg
Protein	12g	Trans Fats	0g	Calcium	30mg
Total Carbohydrates	64g	Saturated Fat	0.5g	Iron	3mg
Sugars	2g	Added Sugars	0g	Potassium	200mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

# Additional Images











